

Overall disability sum score (ODSS); see Merkies et al. J Neurol Neurosurg Psychiat 2002;72:596-601, Table 1

Date:		Patient identity:			Affected but	
Arm disability scale- function checklist		Not affected	not prevented	Prevented		
Dressing upper part of body (exluding buttons/zips)						
Washing and brushing hair						
Turning a key in a lock						
Using knife and fork (/spoon - applicable if never uses knife and fork)						
Doing/undoing buttons and zips						
Arm grade		=				
0=normal						
1= Minor symptoms or signs in one or both arms but not affecting any of the functions listed						
2= Moderate symptoms or signs in one or both arms affecting but not preventing any of the functions listed						
3= Severe symptoms or signs in one or both arms preventing at least one but not all functions listed						
4= Severe symptoms or signs in both arms preventing all functions listed but some purposeful movements still possible						
5= Severe symptoms and signs in both arms preventing all purposeful movements						
Leg disability scale - function checklist		No	Yes	Not applicable		
Do you have any problem with your walking?						
Do you use walking aid?						
How do you usually get around for about 10 metres?						
Without aid						
With one stick or crutch or holding someone's arm						
With two sticks or crutches or one stick or crutch and holding someone's arm						
With a wheelchair						
If you use a wheelchair, can you stand and walk a few steps with help?						
If you are restricted to bed most of the time, are you able to make some purposeful movements?						
Leg grade		=				
0= Walking not affected						
1= Walking is affected but does not look abnormal						
2= Wlks independently but gait looks abnormal						
3= Usually uses unilateral support to walk 10 metres (25 feet) (stick, single crutch, one arm)						
4= Usually ises bilateral support to walk 10 metres (25 feet)(sticks, crutches, two arms)						
5= Usually uses wheelchair to travel 10 metres (25 feet)						
6= Restricted to wheelchair. Unable to stand and walk few steps with help but able to make some purposeful leg movements.						
7= Restricted to wheelchair or bed most of the day, preventing all purposeful movements of the legs (eg. unable to reposition legs in bed)						
Overall disability sum score= arm disability scale (range 0-5)+ leg disability scale (range 0-7); overall range: 0 (no significant disability) to 12 (maximum disability)						
For the arm disability scale: allocate one arm grade only by completing the function checklist. Indicate whether each function is "affected", "affected but not prevented", or "prevented".						
For leg disability scale: Allocate one leg grade only by completing the functional questions.						
The overall disability sum score (ODSS)						0