



# Vasculitis



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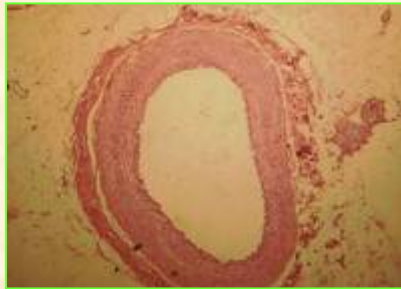
# Disclosures

- Consulting and speaker fees from
  - Schering-Plough (Paris)
  - Hoffmann-La Roche (Toronto)
  - LFB (Paris)
- Educational subventions (research groups)
  - Hoffmann-La Roche (CanVasc)
  - Schering-Plough (FVSG)
  - Astra-Zeneca (FVSG)
- Advisory boards and programs
  - GSK (Toronto)
  - Hoffmann-La Roche (CanVasc)

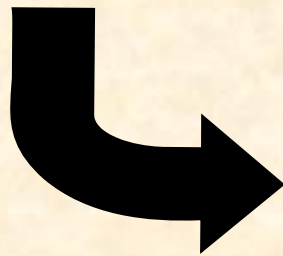
# Objectives

- **What is vasculitis?**
- **How frequent is this condition?**
- **What are the typical manifestations?**
- **What are the severe manifestations?**
- **What is the treatment?**
- **What are the prognosis and outcomes?**

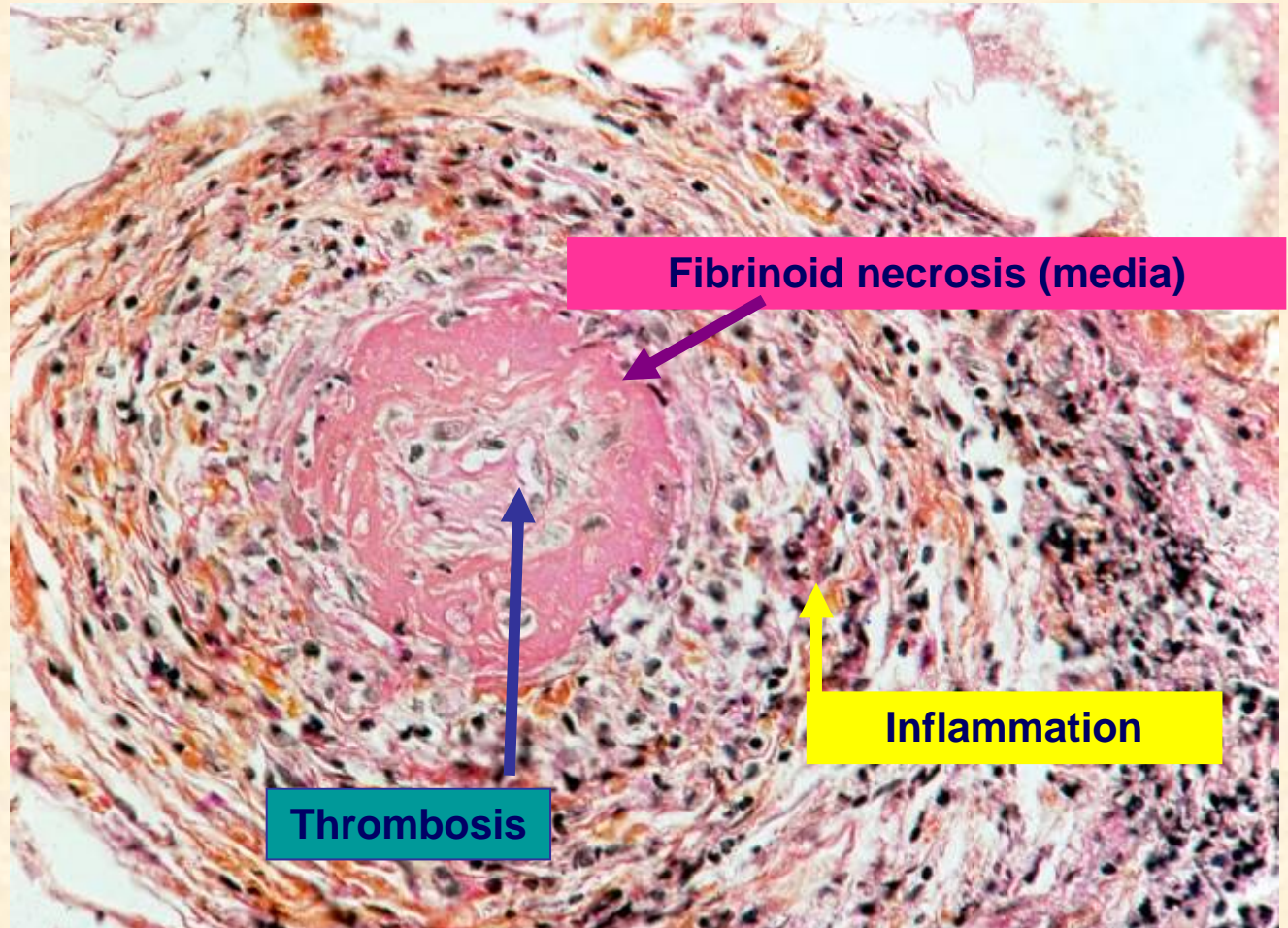
# What is vasculitis?

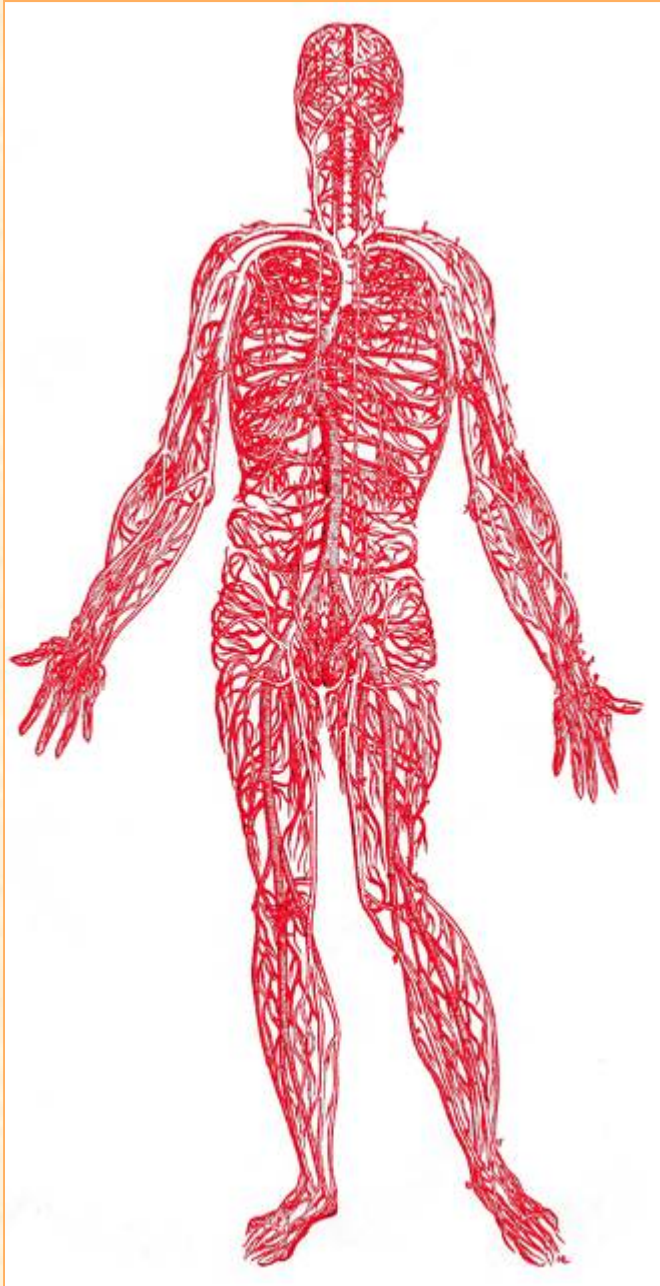


Normal artery



Vasculitis



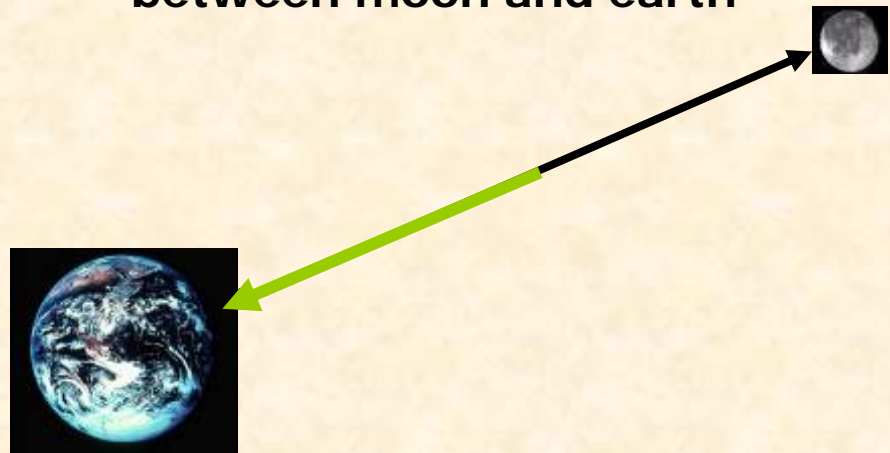


# What is vasculitis?

**96,500 – 160,000 km**  
**60,000 – 99,500 miles**

**2,5 to 4 times the earth's perimeter**

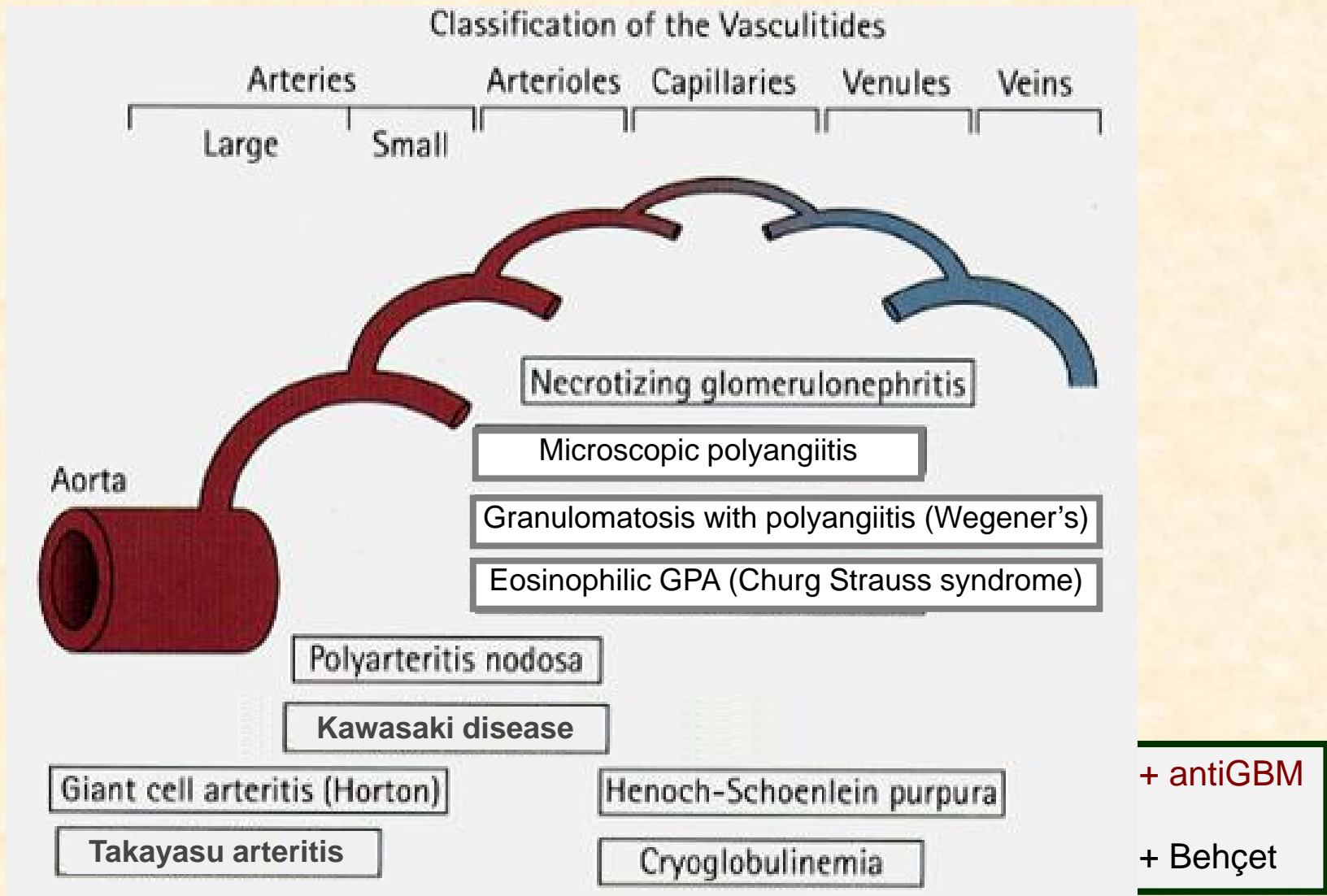
**Almost ½ the distance  
between moon and earth**



# What is vasculitis?

- **Secondary systemic vasculitides**
  - Drugs (PTU...) and toxic exposure (cocaine, marijuana...)
  - Infections: HIV, HBV, HCV, CMV, VZV, HTLV1, EBV19...
  - Cancers, hematological neoplasm (lymphoma, leukemia)
  - Auto-immune/systemic inflammatory diseases: SLE 35-50%, RA 1-20%, Systemic scleroderma 5-10%, sarcoidosis, IBD

# 1994 Chapel hill Nomenclature



Jennette et al. *Arthritis Rheum* 1994;37:187-92  
 Falk et al. *Arthritis Rheum* 2011 Apr;63(4):863-4

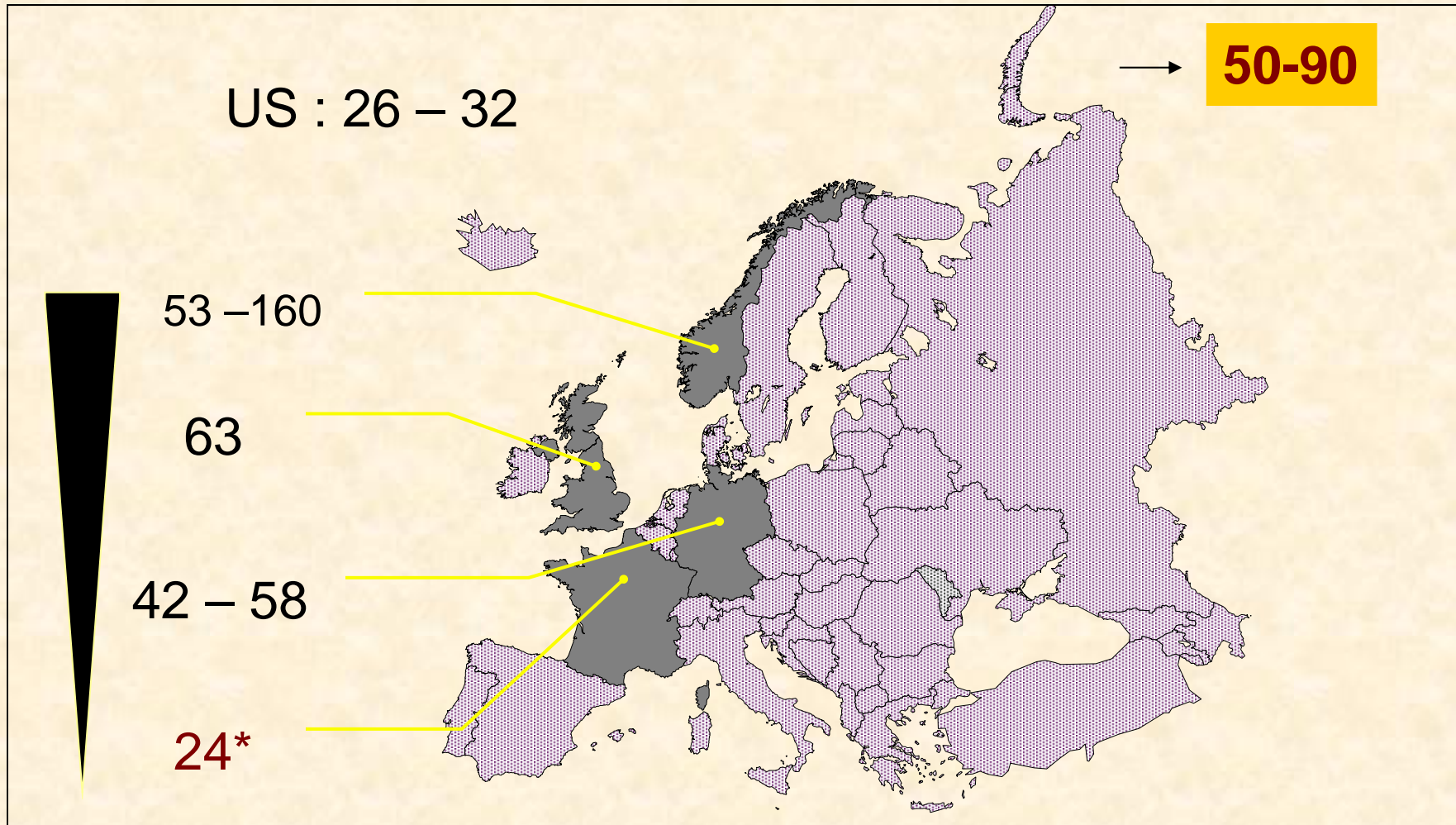
Vasculitis	Prevalence (per million)	Remarks	Annual Incidence (per million)	Remarks
GCA	1,400-16,000 (of population >50 y-o)	Crude estimates (no specific study)	100-300 (of population >50 y-o)	Down to 5 in Israel in late 1980s; Up to 370 in Norway in mid 1990s; 20 in subjects <60 and up to 520 in those >80 y-o in Minnesota
Takayasu	4-8	4.7 to 7 in the UK in early 2000s; Up to 40 in Japan (no epidemiological data for India, but probably at least the same)	1-2	Down to 0.4 in Germany; Up to 2.6 in Minnesota in late 1970s, and 3.3 in Kuwait
PAN	22-31 (in the late 1990s)	HBV-related PAN almost disappeared	0.9- 6.8	Up to 8 in the UK, 16 in Kuwait in the late 1990s, and 77 in Alaska in late 1980s (HBV endemy)
Kawasaki	-	Acute disease (in general, but damage)	100-500 (of children <5 y-o)	Down to 16 in Czech republic in late 1990s; Up to 2,180 in Japan; in US, 91 in Caucasian vs. 320 in Asian children in early 2000s
GPA	50-90	Down to 23 in Paris in 2000, 30 in NYC in 1990; Up to 160 in Sweden in 2007	5-10	Down to almost 0 in Japan, 2.9 in Spain; Up to 11 in Australia and Minnesota
MPA	25-50	Down to 25 In Paris in 2000; Up to 94 in Sweden in 2007	5-10	Down to 2.7 In Germany; Up to 15 in Japan, and 24 in Kuwait
CSS	10-15	Down to 7 in Germany in 1994; Up to 22 in Australia in 2004	1-2	Down to 0 in Japan; Up to 2.7 in the UK in late 1990s, and 4 in Minnesota in late 1970s
Behçet	10-500	Extremely wide ethnic variations (from 6 in the UK in late 1970s to 4,200 in Turkey in 2000); 100-300 in US , mainly in immigrants; 24 in European-descent vs. 175 in Asian-descent vs 350 in North-African- descent French population	-	No precise estimation (chronic disease and wide geographical differences); around 4 in Minnesota in mid 2000s
CNS-V	-	No data	2.4	Only 1 study, in Minnesota

40.000

6.000



# Granulomatosis with PA



Prevalence/1,000,000 subjects \* ( $\geq 15$  yr)

# PATHOPHYSIOLOGY

- **Genetic and epigenetic of ANCA-V**
  - **HLA-DR1** & HLA-DQw7
  - HLA DR13/DR6 protective
  - **PiZ Allels (low alpha1-antitrypsin level)**
  - TNFa, ICAM-1, **membranous PR3**, C3nef allele gene polymorphisms
  - FcγRIIb-NA1 Allel & atteinte rénale
  - 6p21.3 Locus
  - PTPN22 620W allele
  - CD226-Gly307Ser (DNAM-1) polymorphism
  - Transcriptome studies: up or down regulations
    - TLR2
    - RFc<sub>ε</sub>- alpha
    - R-IL2-β (p75)
    - TCF1



# **Role of external or environmental factors**



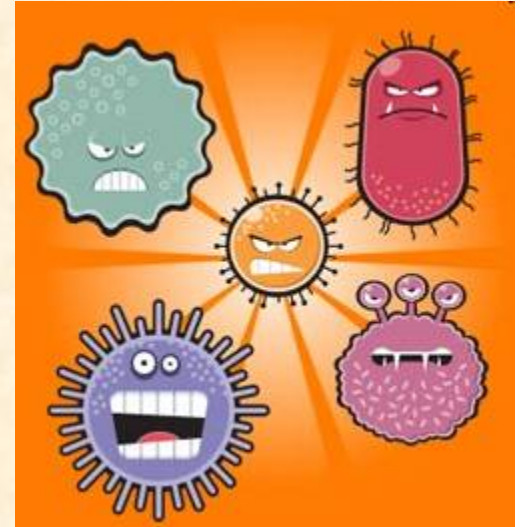
# PATHOPHYSIOLOGY

- **Exposition to :**
  - **silica** OR=3.23 (vasculitis ANCA+)
  - **cattle** OR=2.3 (vasculitis ANCA+)
  - **hydrocarbons organics** (vasculitis ANCA+)
  - **asbestos** 20.3% vs 6.9% (ANCA+)
  - **smoking** 11% vs 38% (vasculitis ANCA+)

# PATHOPHYSIOLOGY

- **Infections**

- HBV and PAN
- HCV and cryoglobulin
- Several studies, no proofs
- Respiratory infections
  - No seasonal preference
  - No germ reproducibly found (BAL, lung biopsies)
- *Staphylococcus aureus* and GPA



# Clinical manifestations





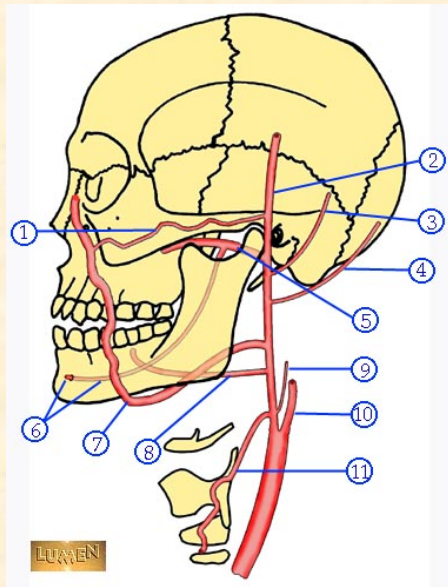
# Inflammation

- Increased C-reactive protein
- Increased Sedimentation rate
- Increased WBC (neutrophils)

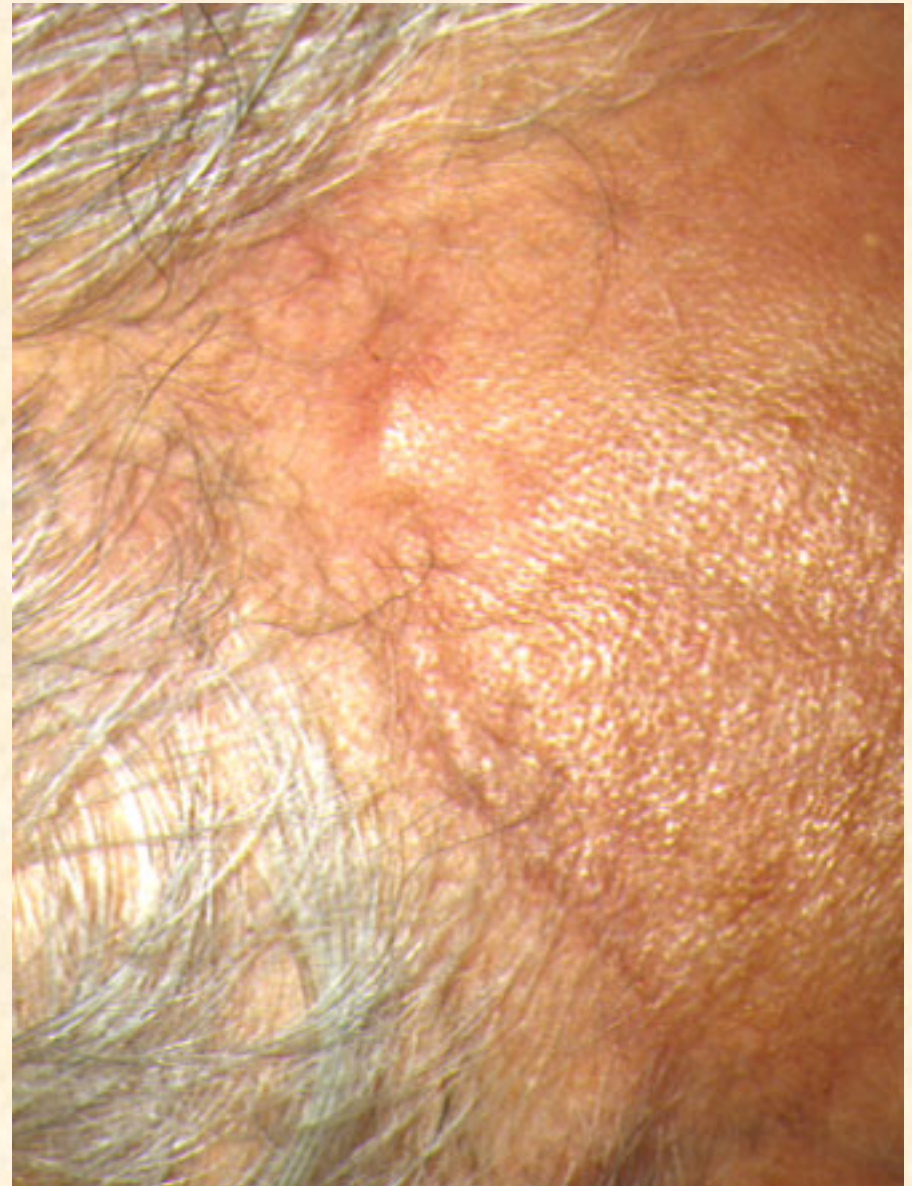




# Giant cell / Temporal arteritis



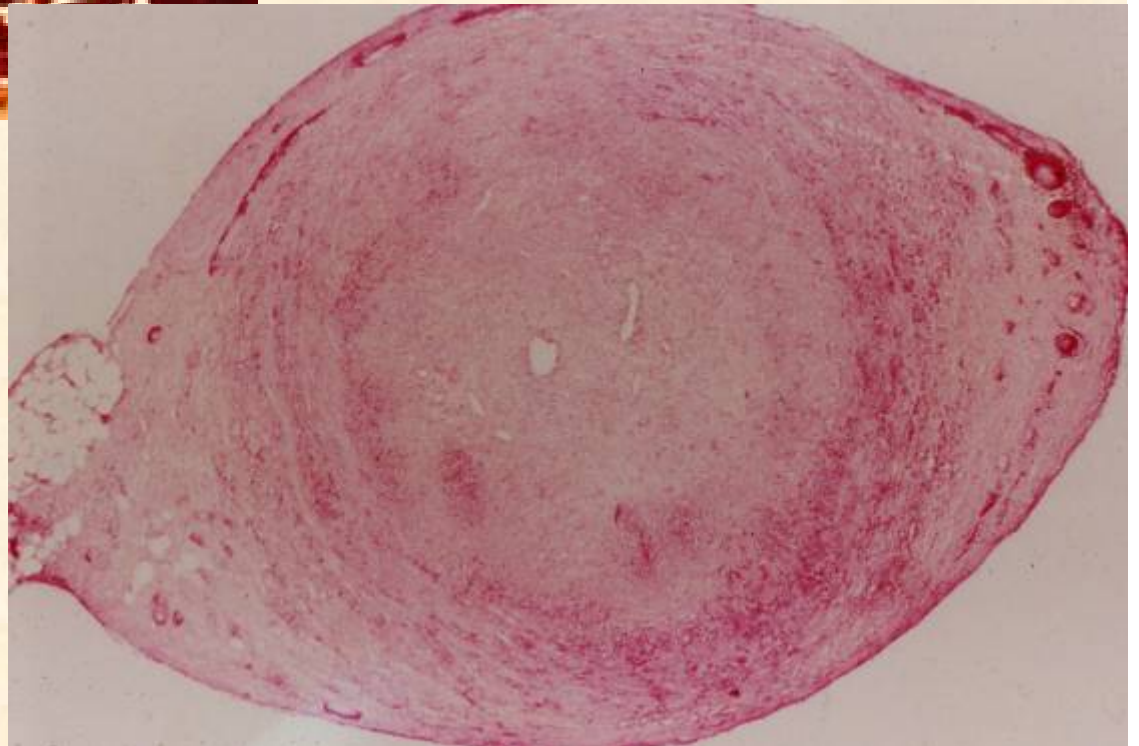
External carotid branches

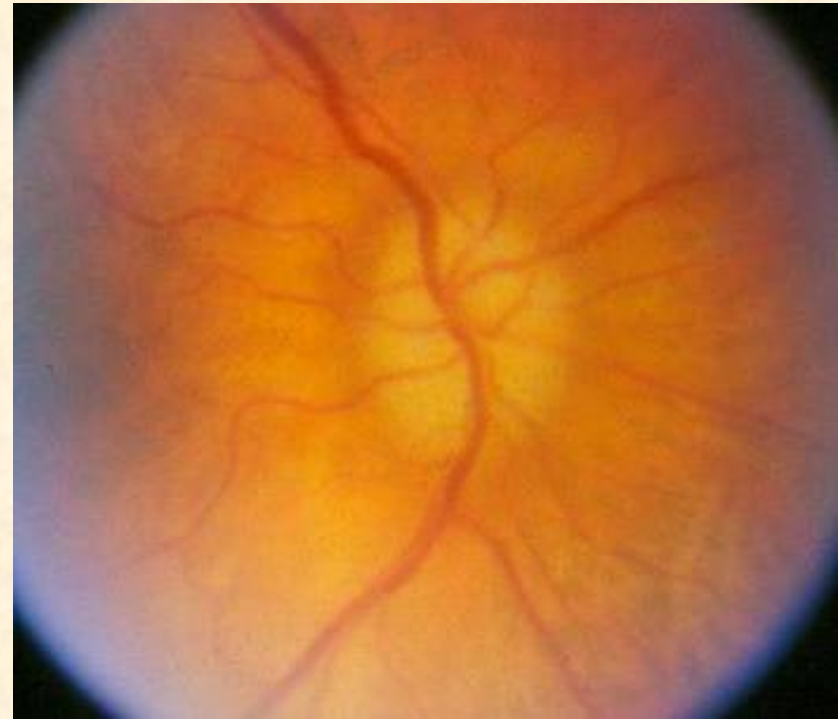
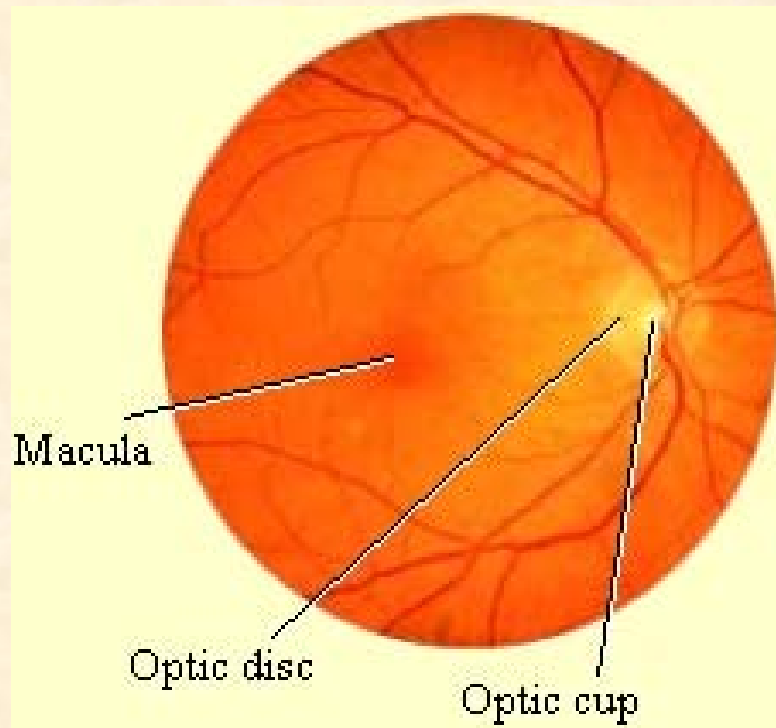




**Giant cell arteritis**

**Risk of occlusion +++**









**Stroke 4%**

# TAKAYASU's arteritis



- Pulseless women
- Women 15-25 years-old, Asians/Indians+
- Chronic disease
- Aorta and its first branches (arch++)

MRC16512  
Ex: 050  
f3d\_ce\_cor\_SUB\_MIP\_COR  
Se: 22 / 7  
Im: 1 /  
Cor: -17.527956405227

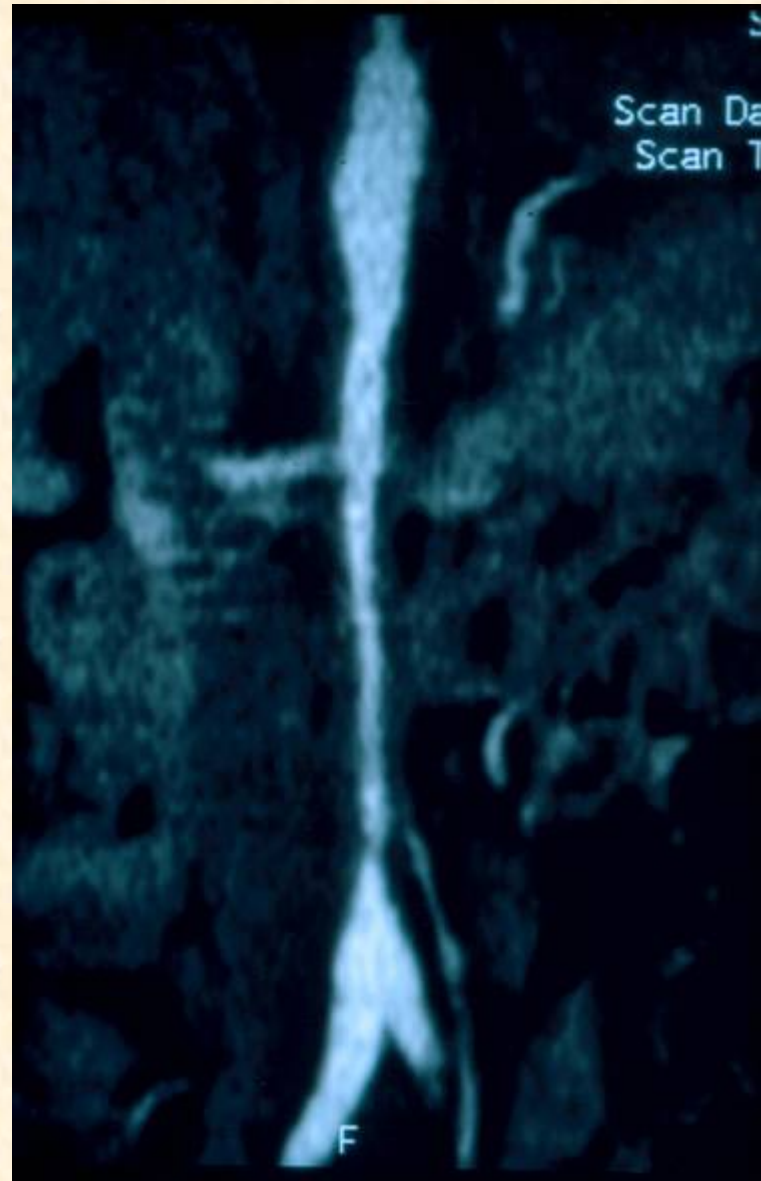
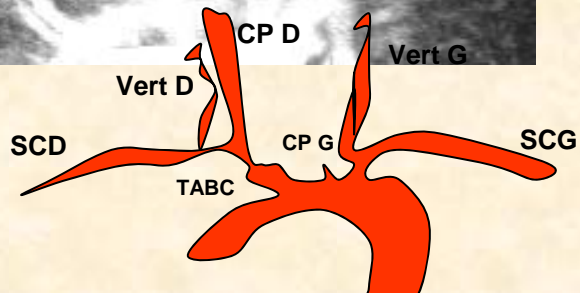
512 x 320

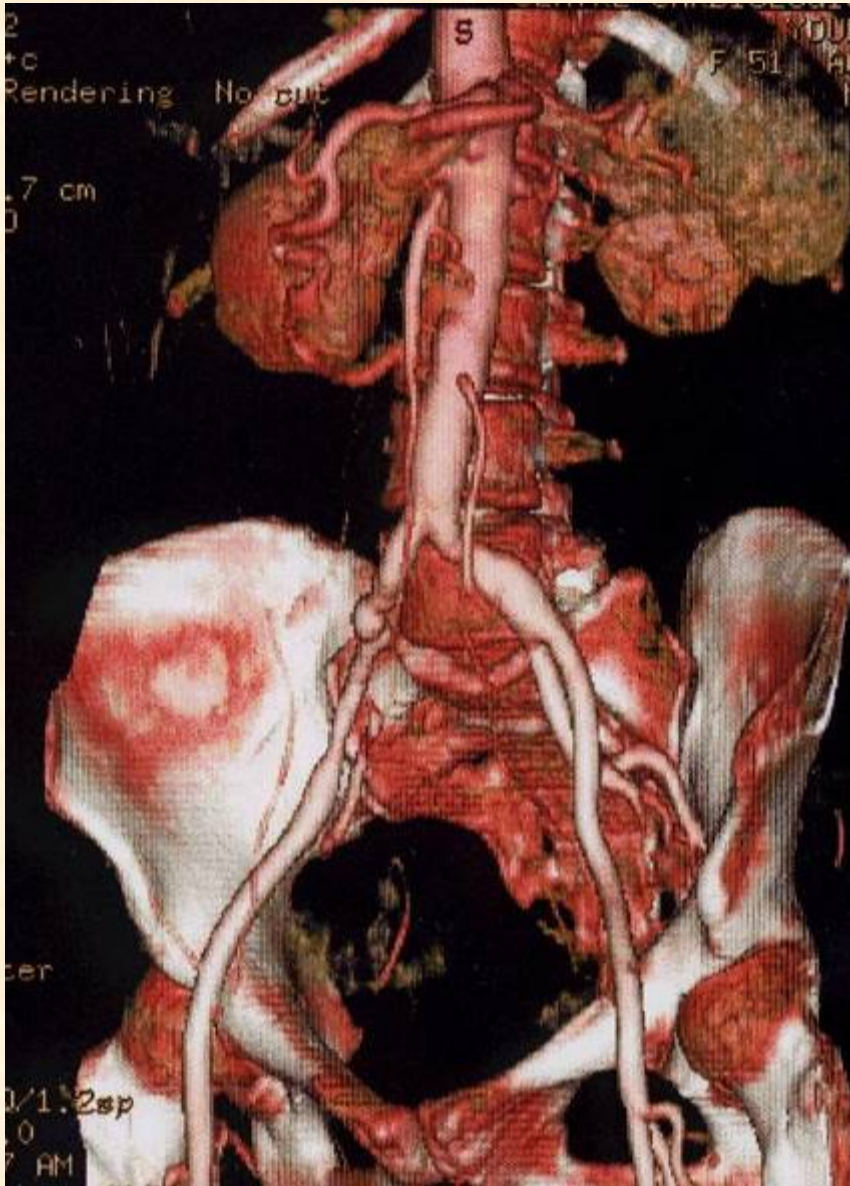
R

L

ET: 1  
TR: 3.5  
TE: 1.29

64.800003051758  
W: 2058 L: 985





**Renal artery stenosis**  
→ High blood pressure

**Limb artery stenosis**  
→ Claudication

**Cervical-cerebral arteries**  
→ Strokes



# KAWASAKI disease



- Lympho-cutaneo-mucous syndrome + fever
- Children 6-11 mo. Asia, 8-24 mo. US
- Epidemics → infectious link



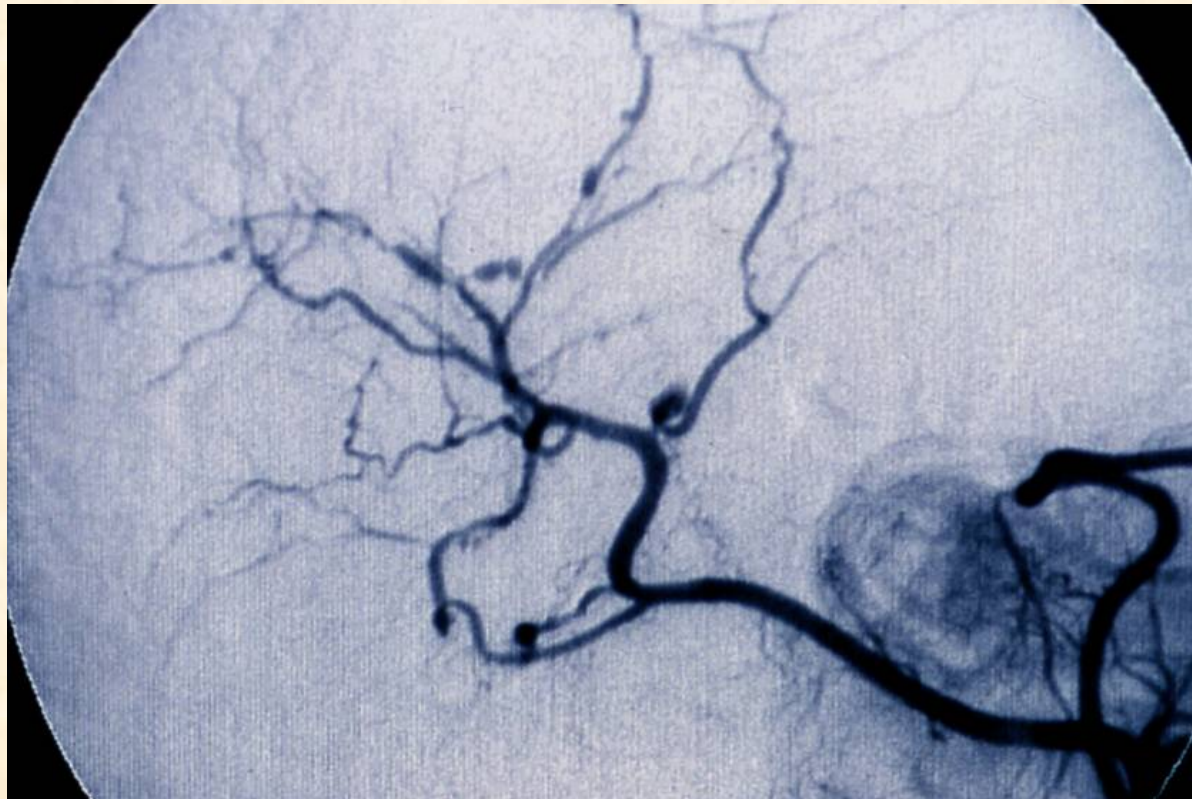


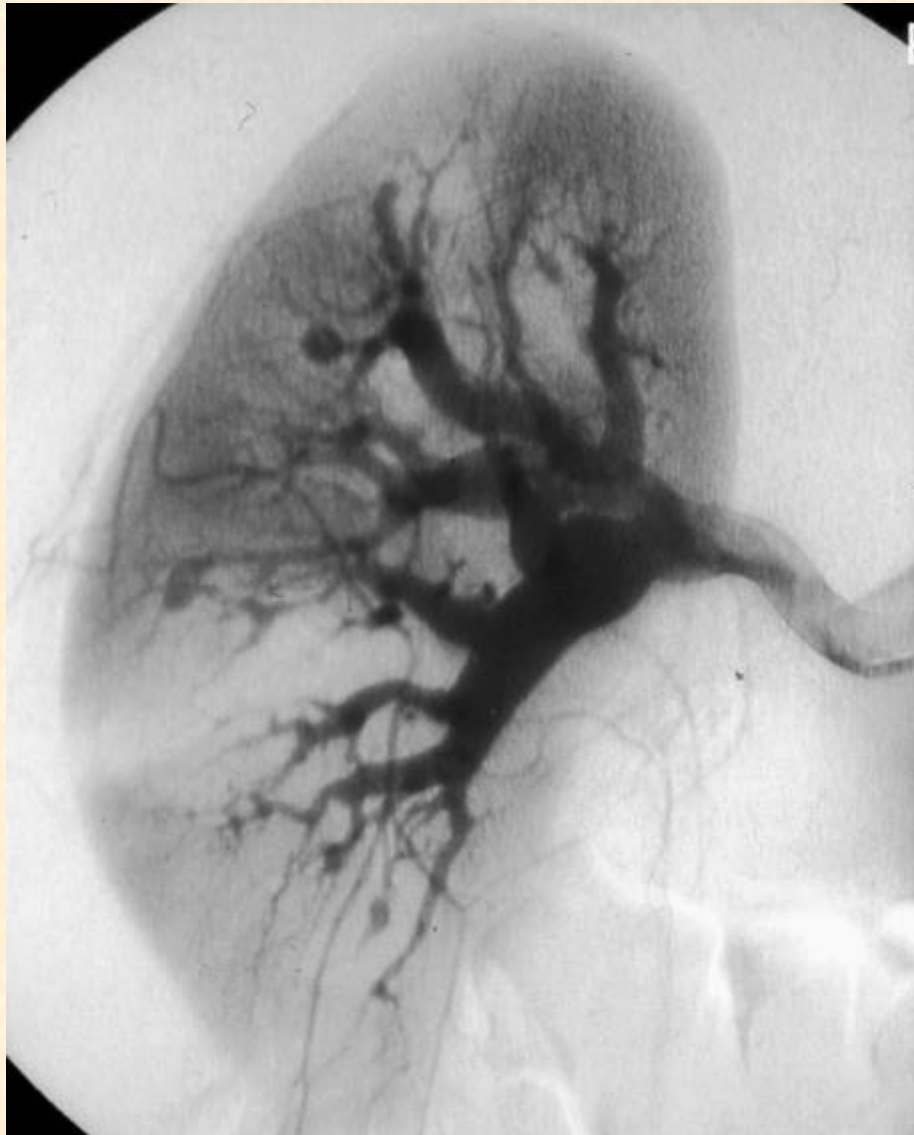
**Coronary aneurisms  
15-25% WITHOUT Rx**

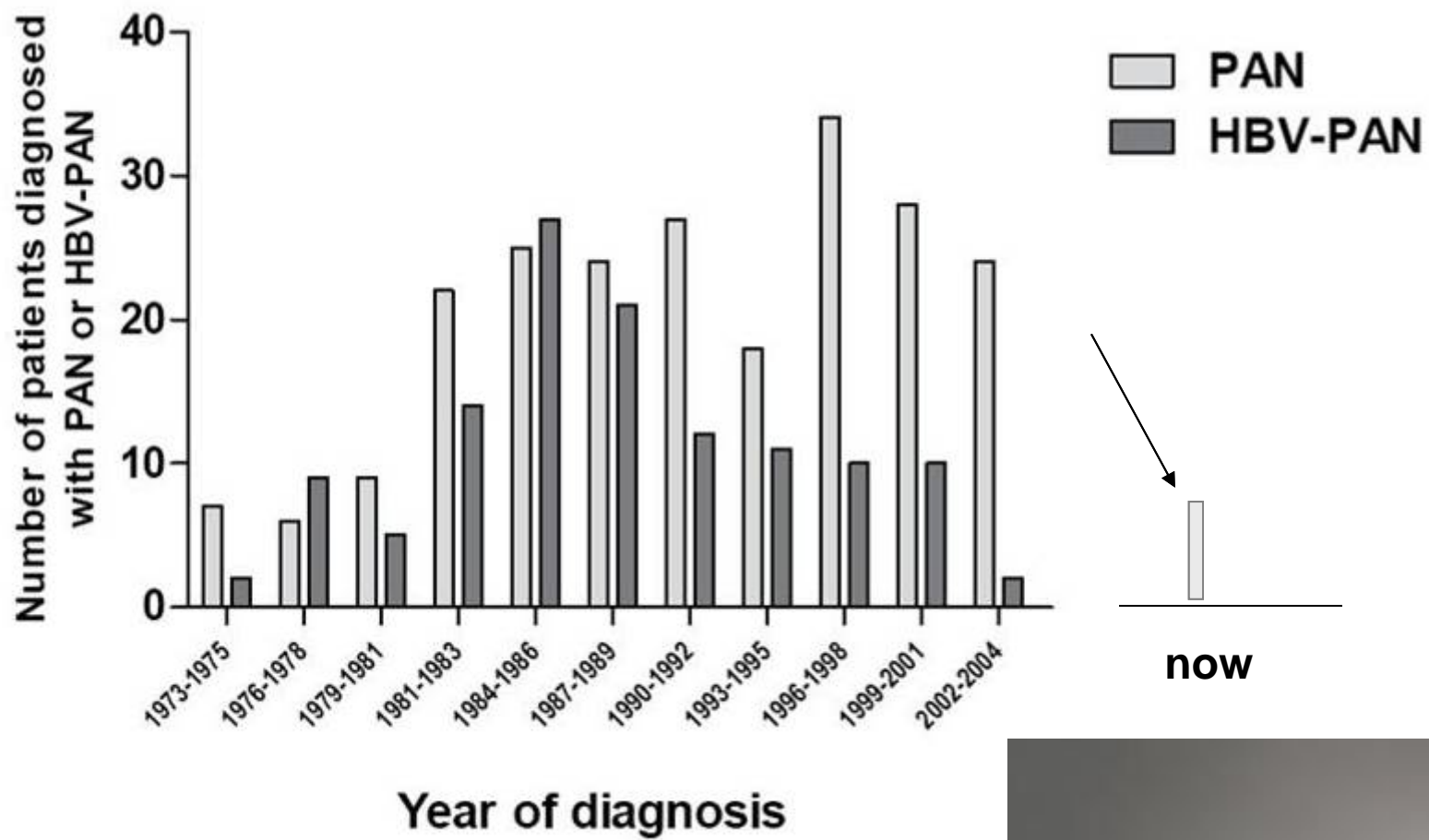


# Polyarteritis nodosa

- Kussmaul 1866
- Necrotizing vasculitis → microaneurisms







Pagnoux et al. *Arthritis Rheum* 2010;62(2):616-26



# Small vessel vasculitis







**Skin manifestations  
10-50% of the patients**

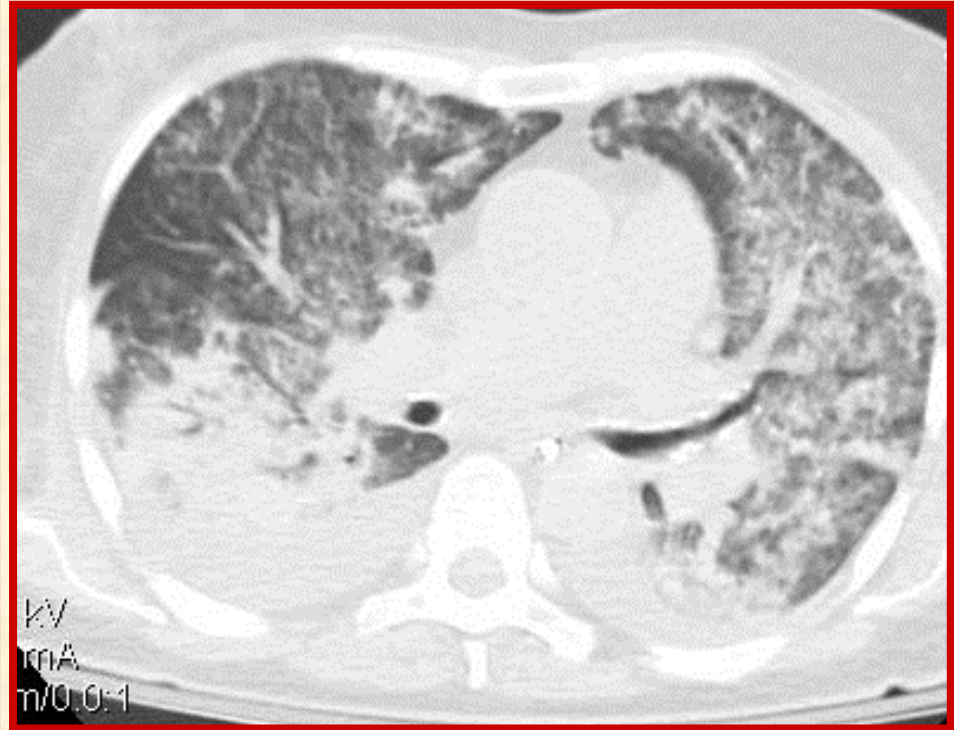


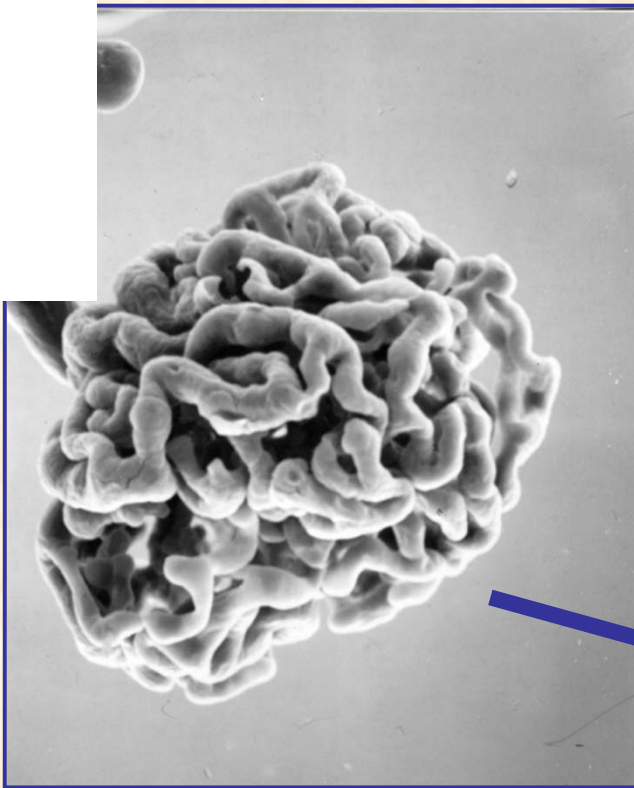
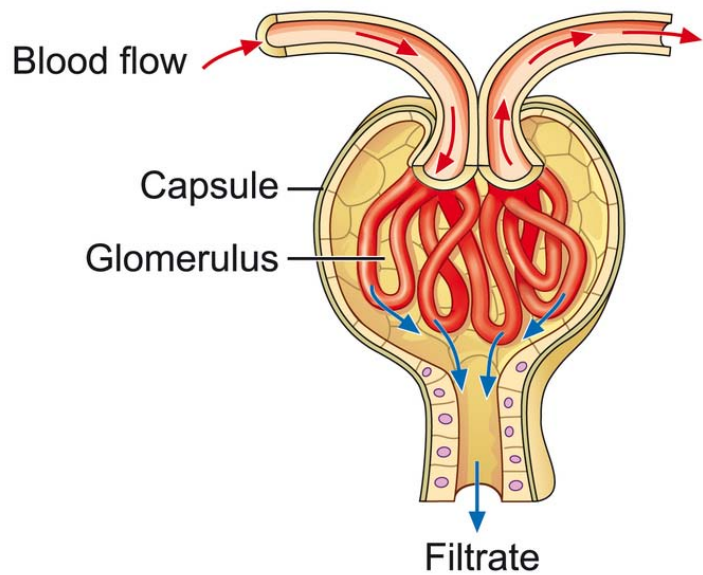
# PNS involvement

11-67% of the patients  
→ MONONEURITIS MULTIPLEX

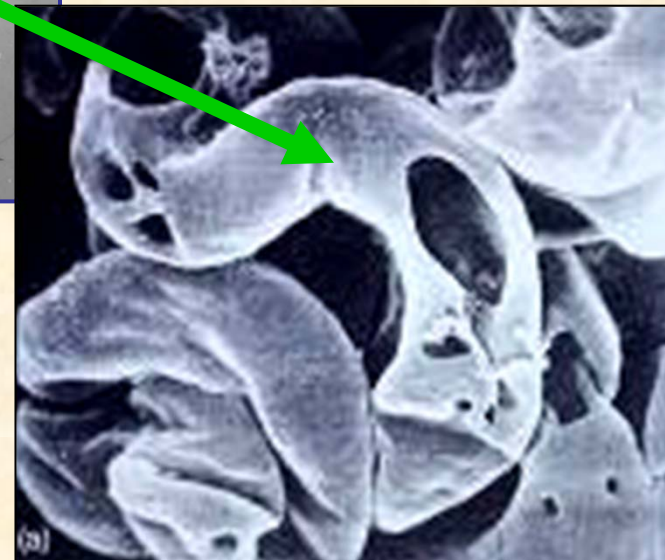
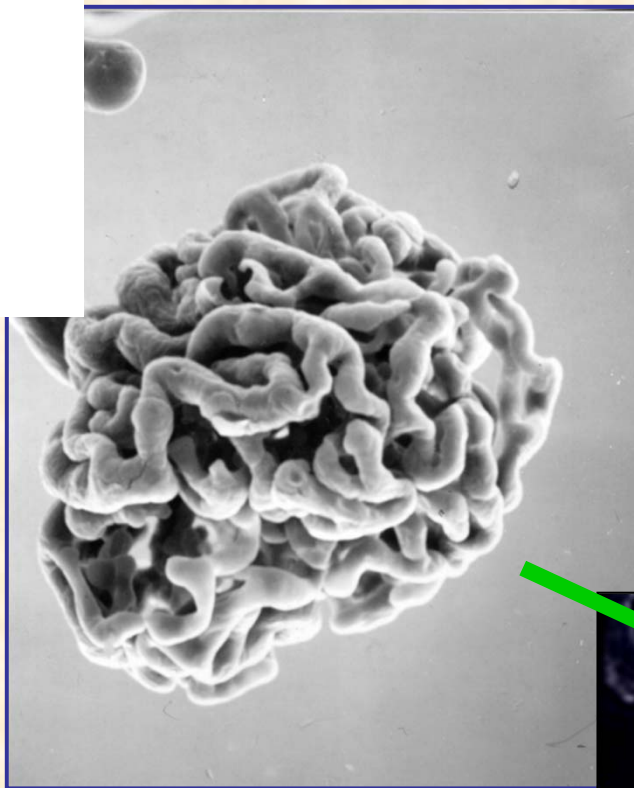
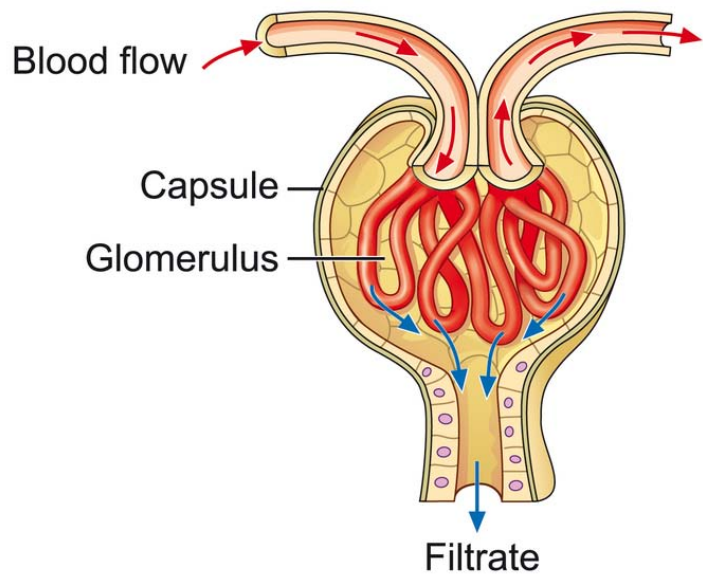


# Alveolar hemorrhage

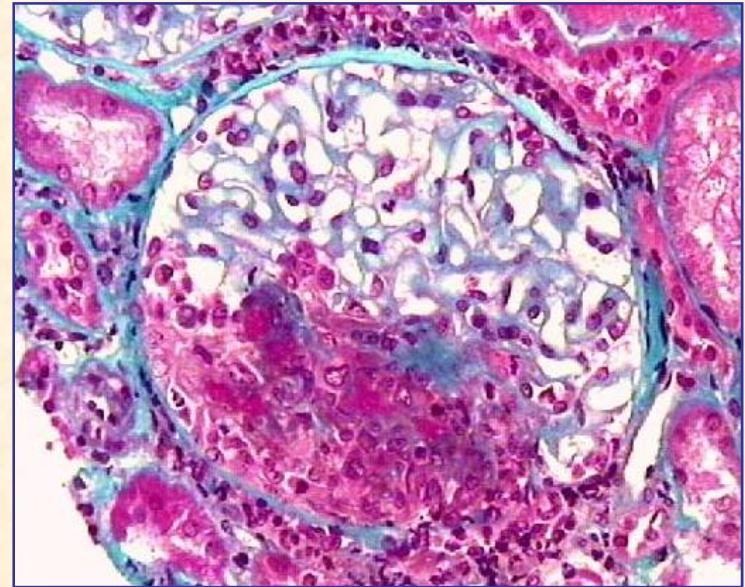




**Kidney involvement**  
30-85% of the patients  
MPA>GPA>>CSS



**Kidney involvement**  
30-85% of the patients  
MPA>GPA>>CSS



**Necrotizing extracapillary GN**

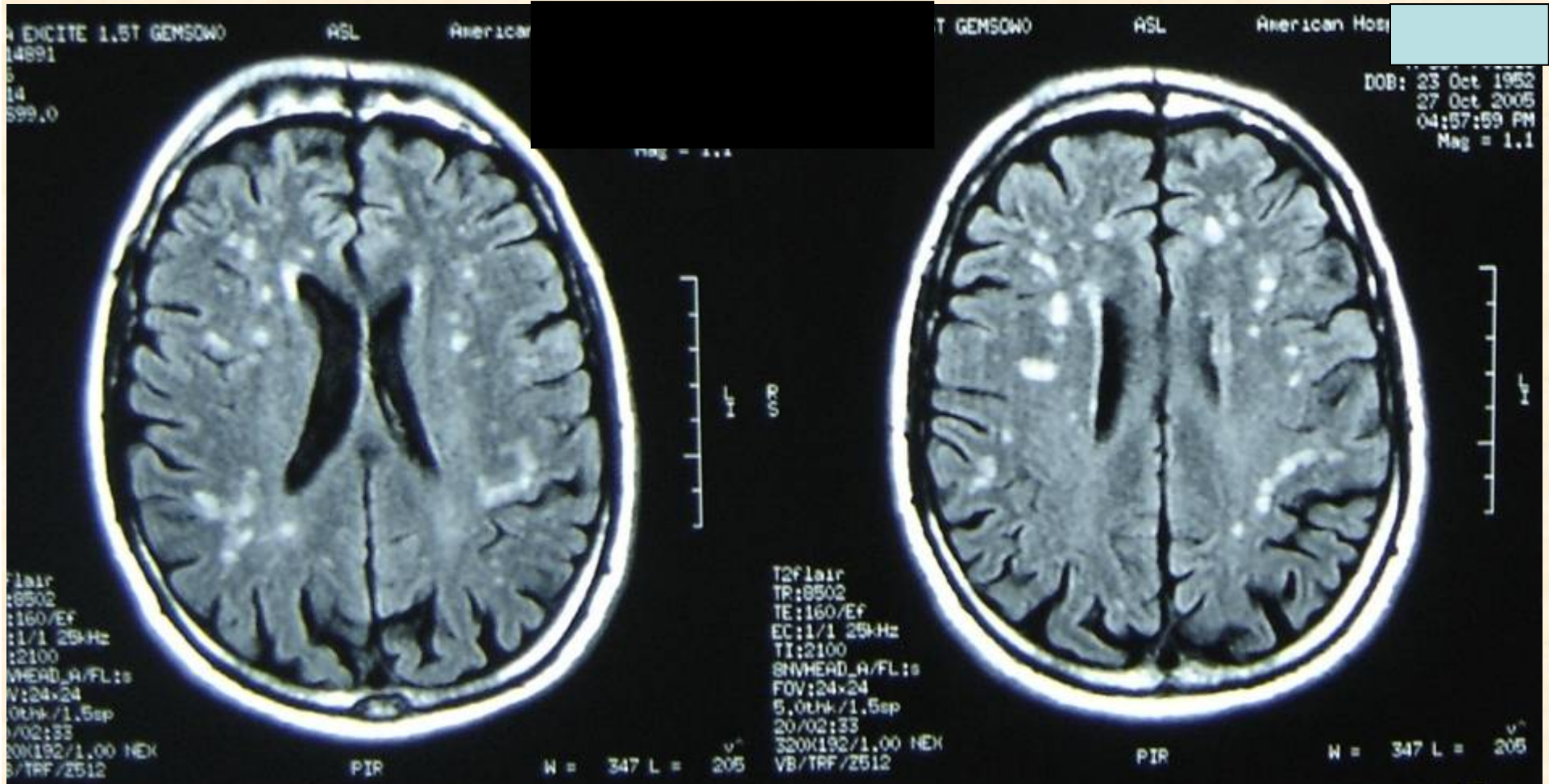
**Rapidly progressive GN**

**Pauci-immune GN**

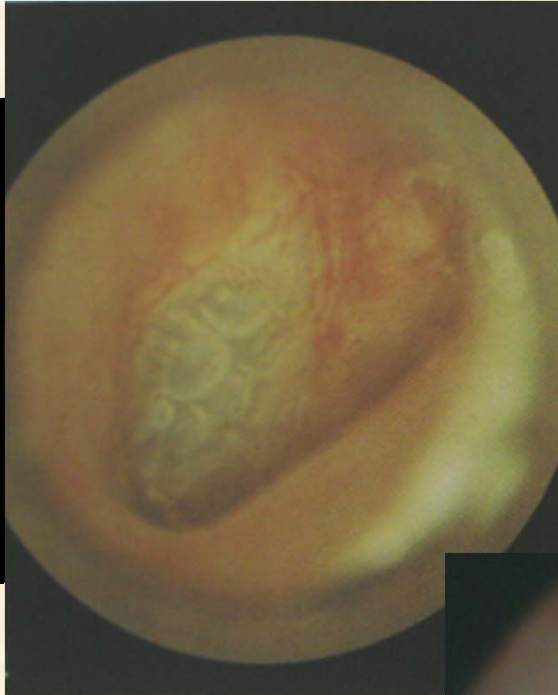


# CNS involvement <10% of the patients

- Stroke
- Hypersignals



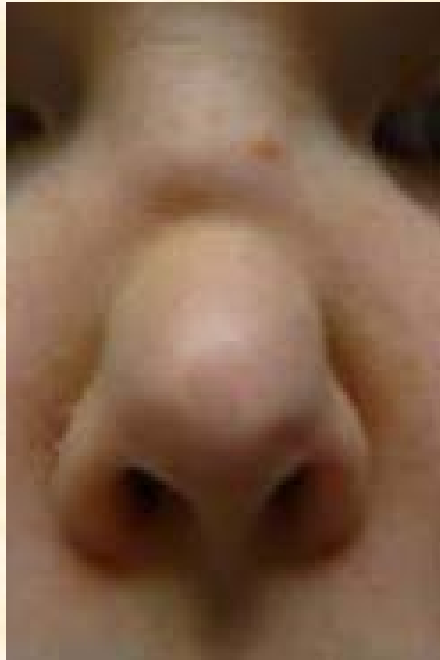




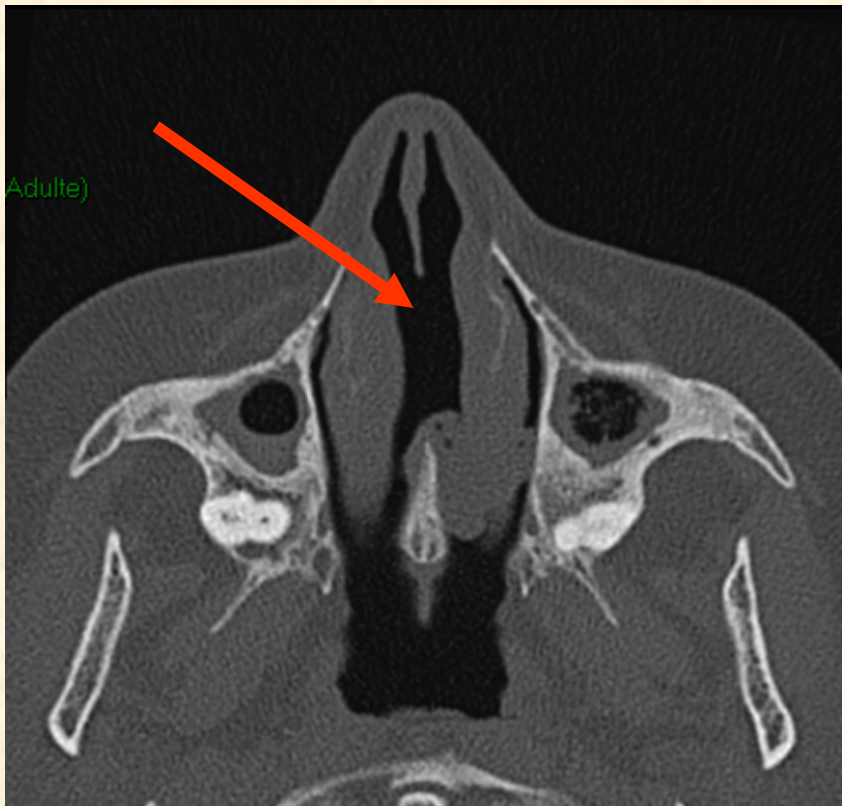
**Serous otitis media  
(bullae)**

**Granulomatosis  
with polyangiitis  
(Wegener)**





Rembrandt's portrait of Gerard de Lairesse with misformed nose. Oil on canvas, ca. 1665-67. Metropolitan Museum of Art.



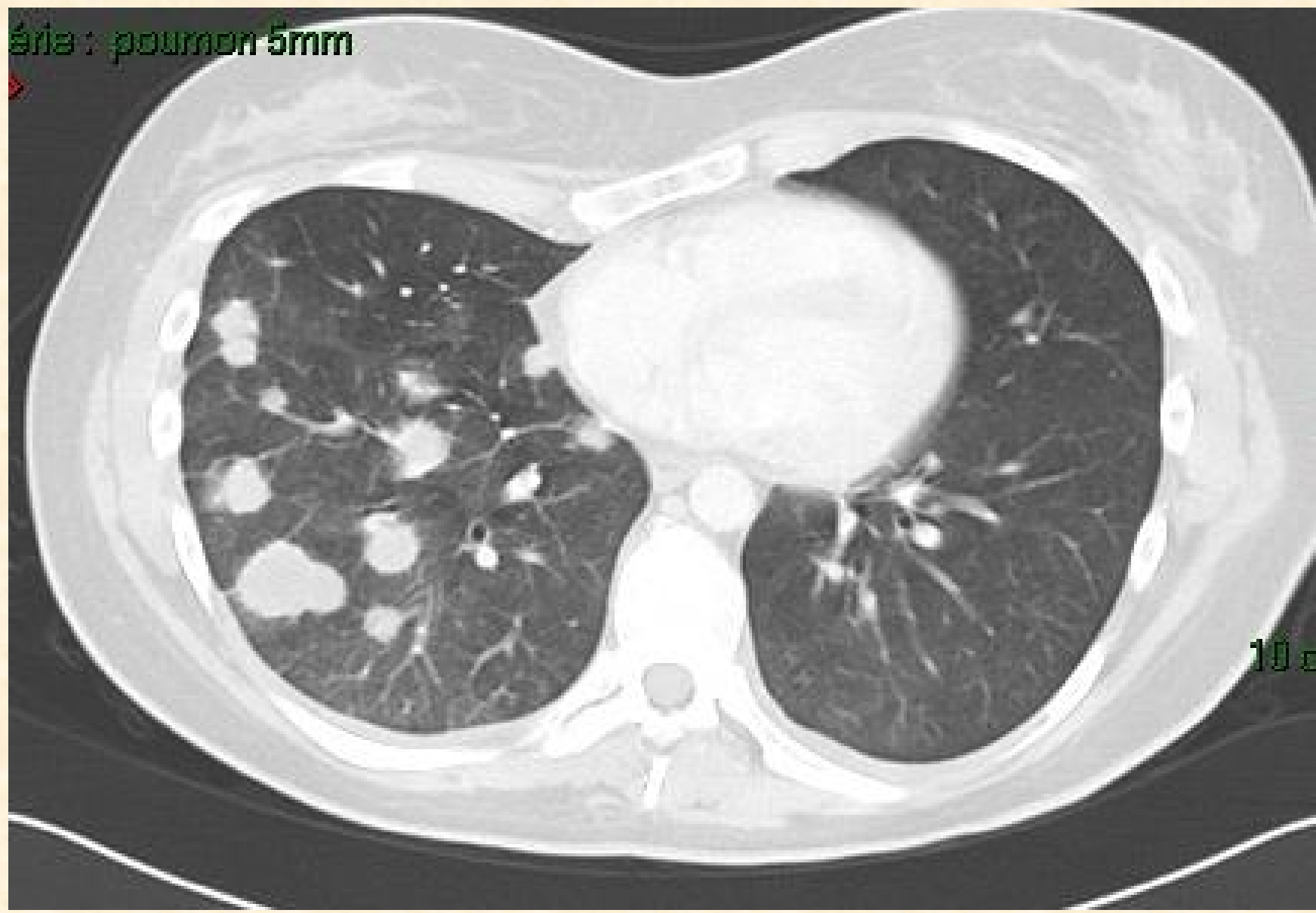
**Septal perforation**



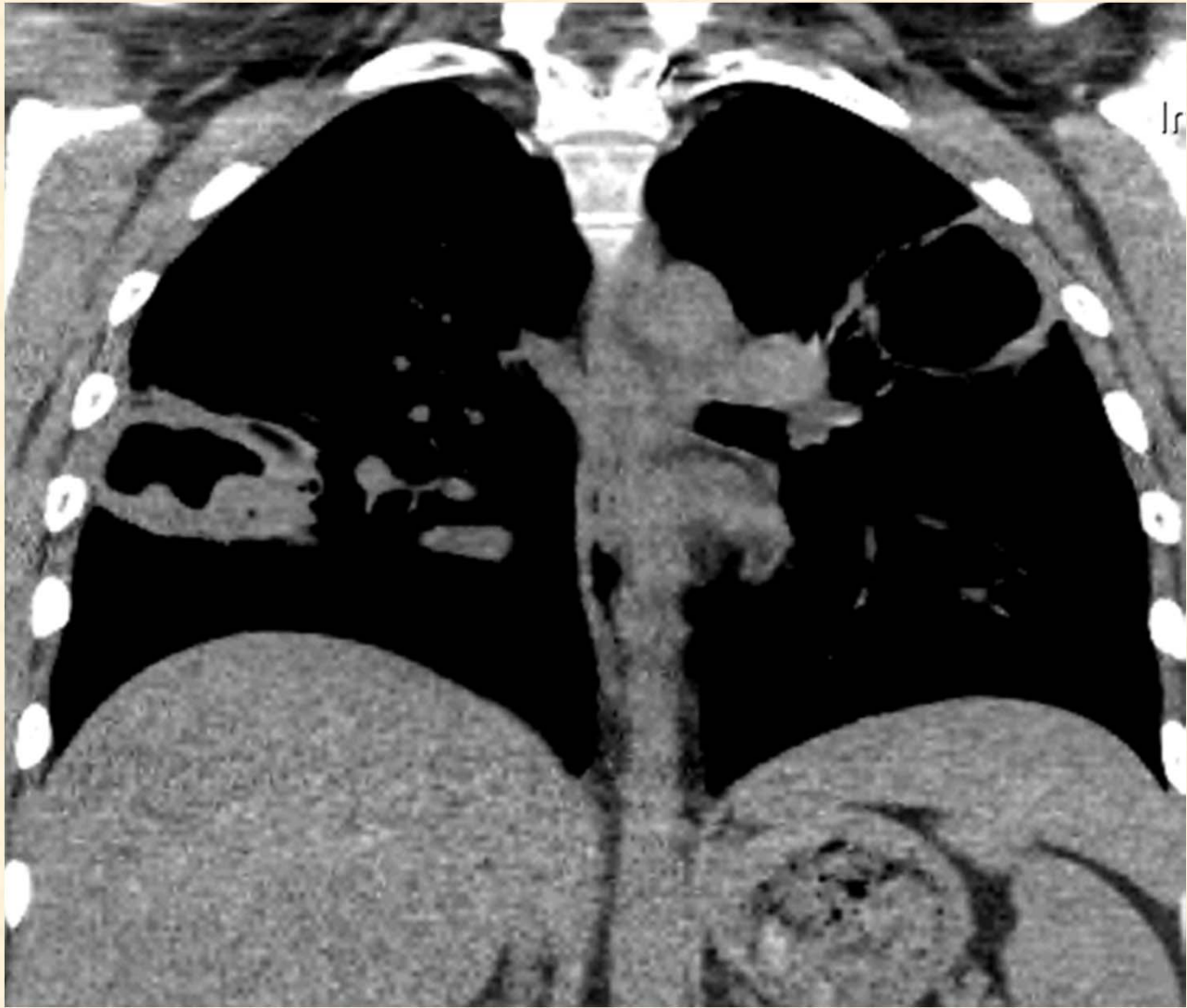


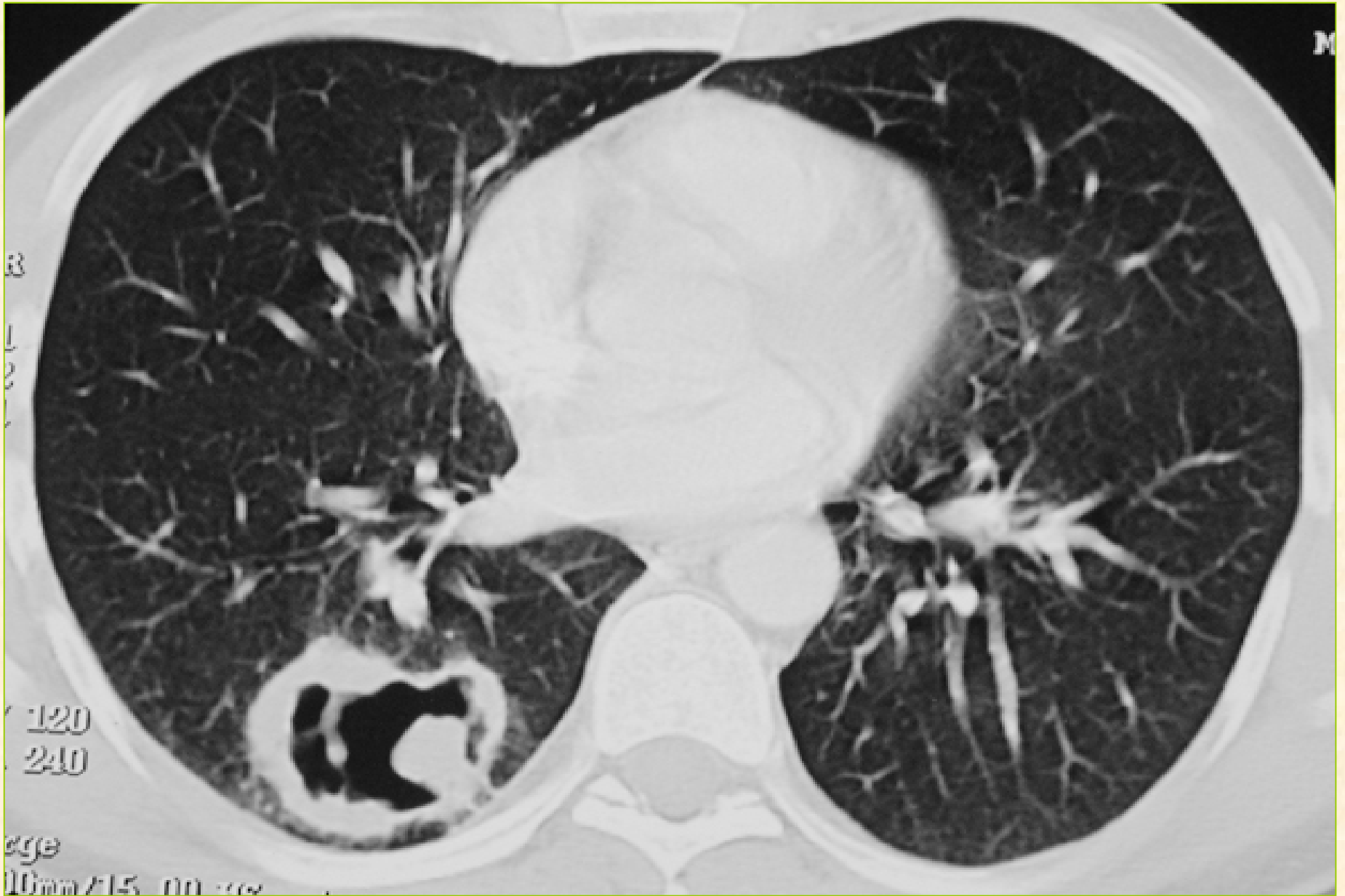
**Nodules (60-90%)**

aria : poumon 5mm



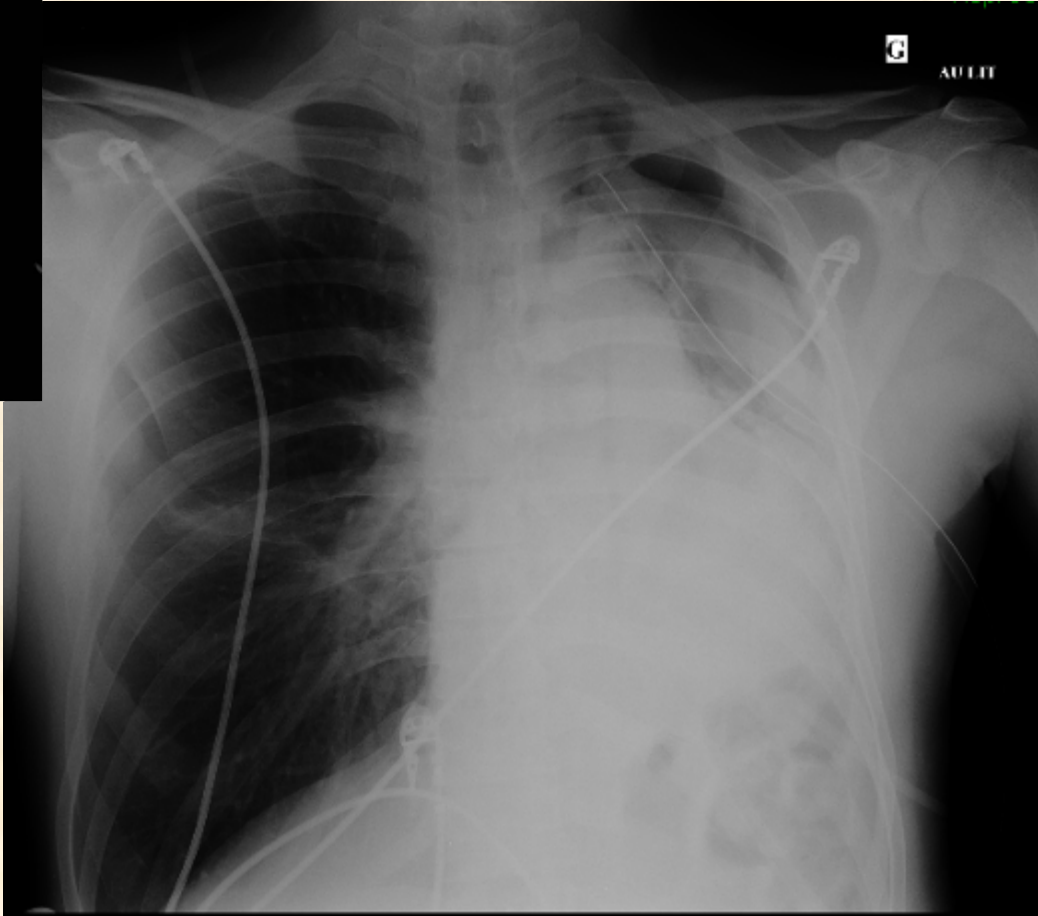
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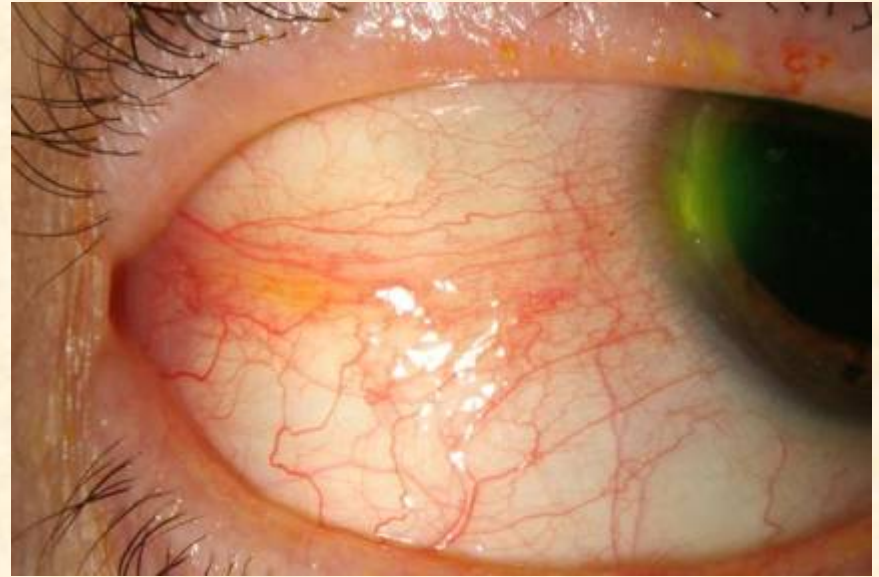






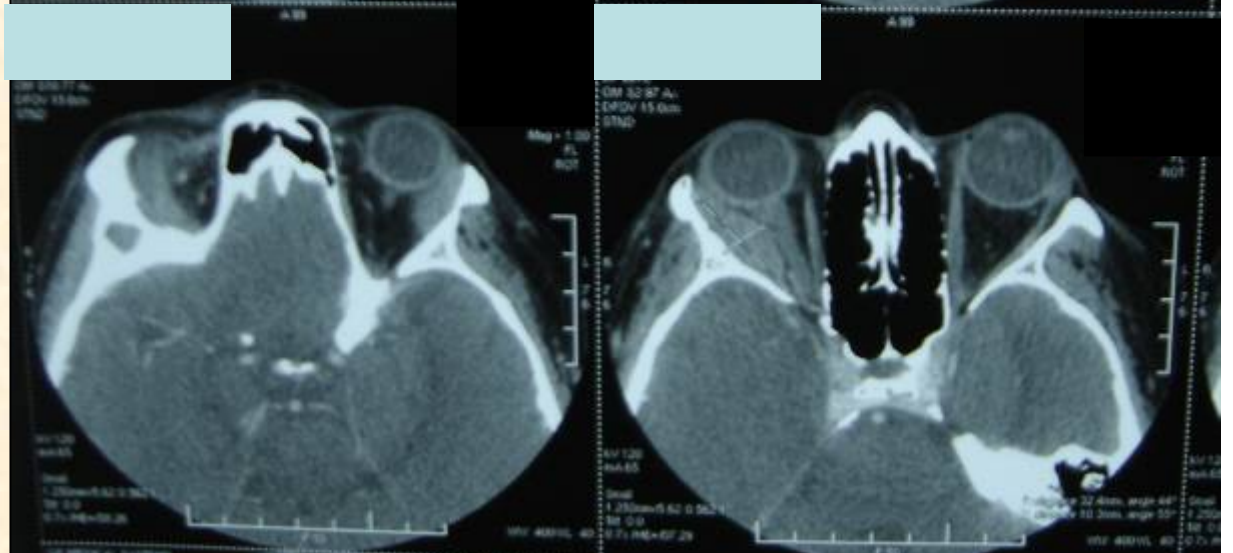
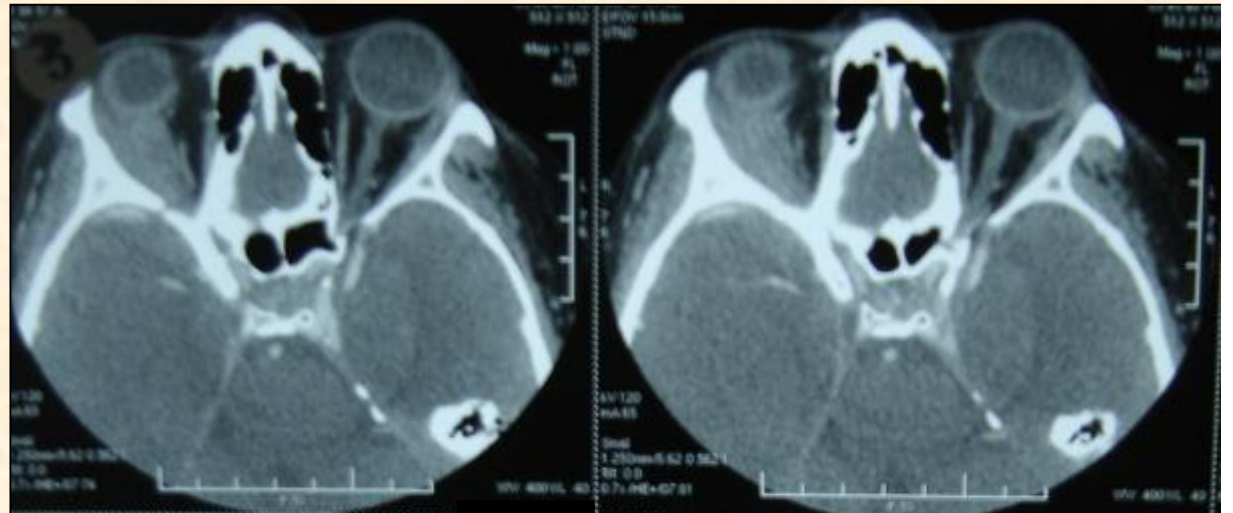
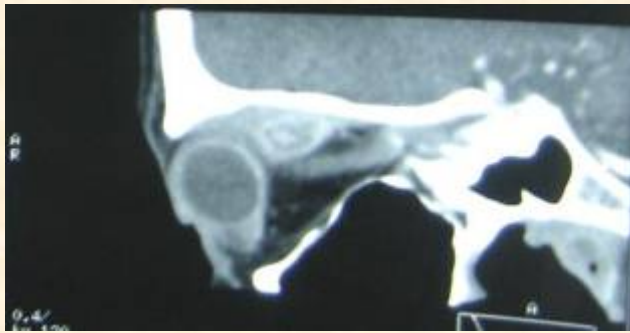
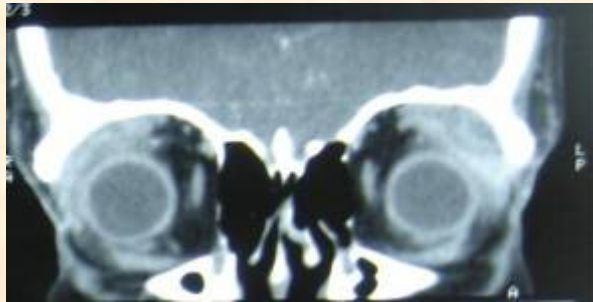






**Eye**  
**10-33%** of the  
patients

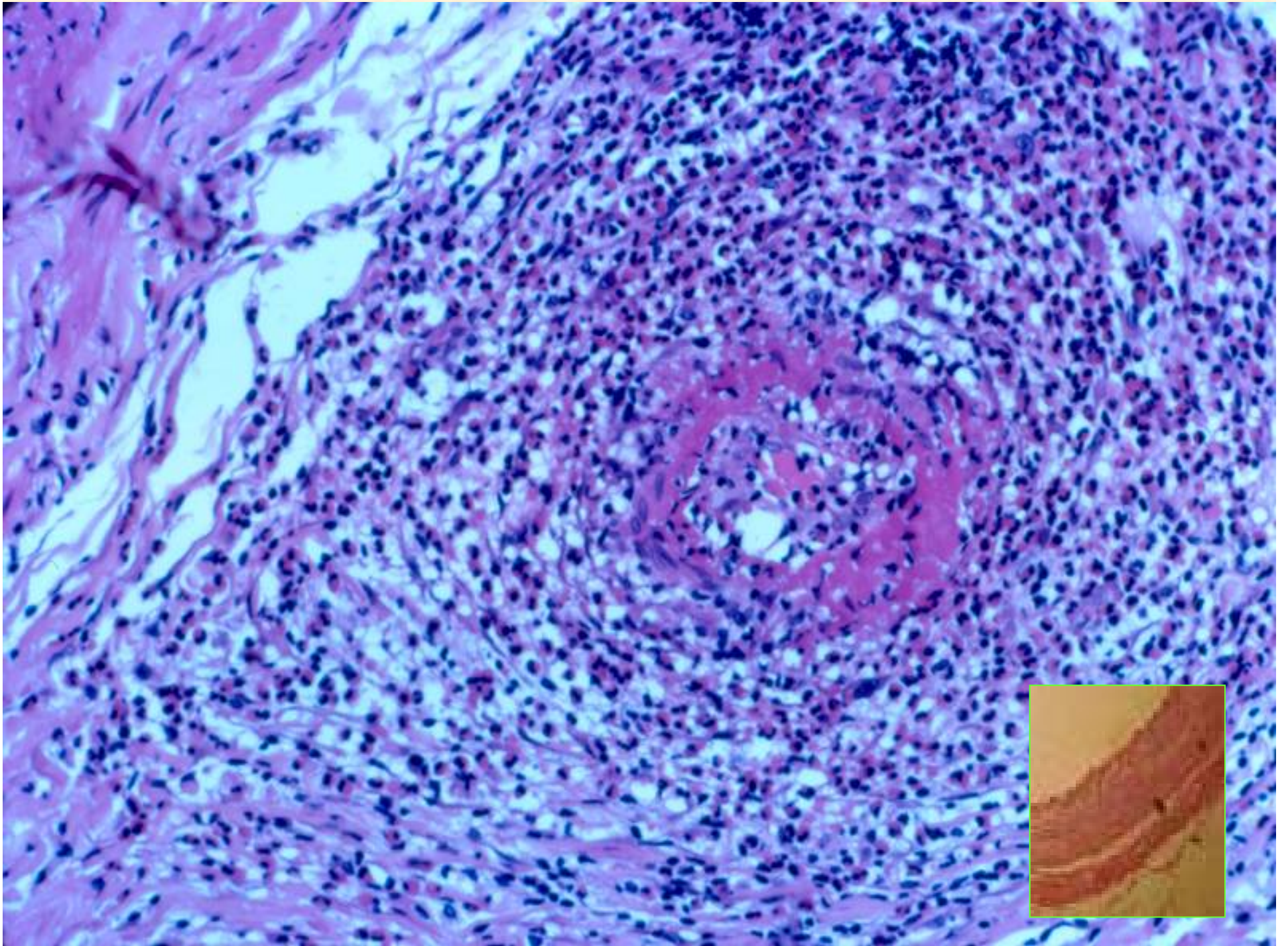






# Biopsy

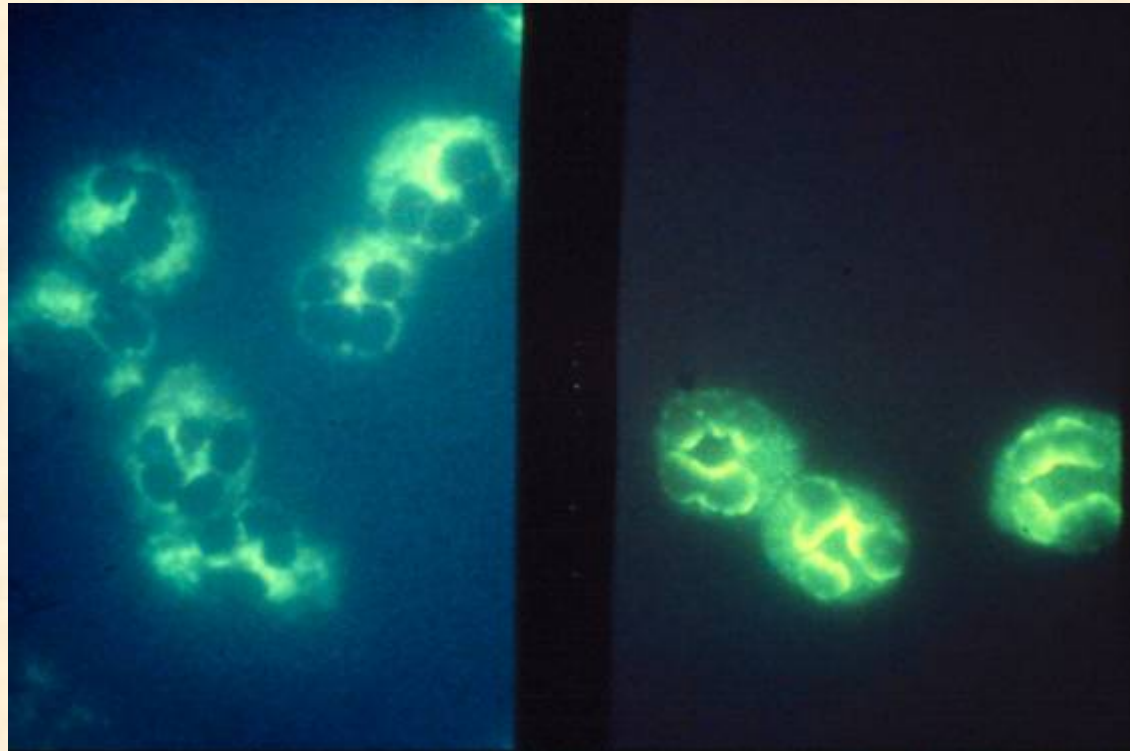




# ANCA

C ANCA

GPA/Wegener



P ANCA

MPA  
CSS/EGPA

C-ANCA : 90% PR3 proteinase 3

P-ANCA : MPO myeloperoxidase

# ANCA

cANCA antiPR3

- **Systemic GPA Wegener's = 90%**
- **Localized GPA Wegener's = 50%**
- **Microscopic polyangiitis >75%**
- **Churg-Strauss syndrome <40%**

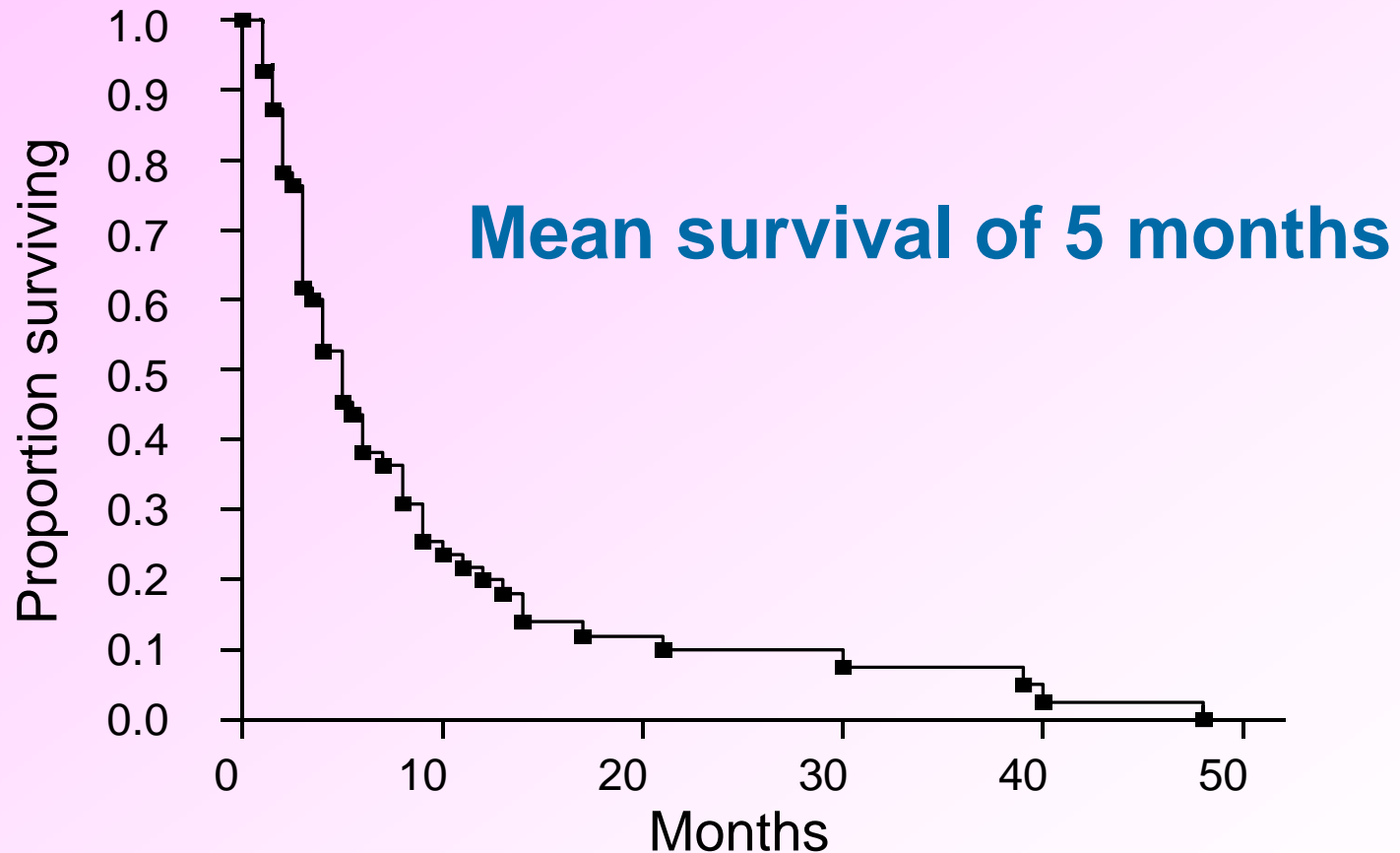
pANCA antiMPO



# Treatment and outcomes



# Without treatment, GPA is fatal



**56 patients diagnosed with GPA, untreated**

*Data from Walton EW, Br Med J. 1958;34:265-270 – Courtesy of Dr. Paul Brunetta.*

# Corticosteroids



- 1948 : anti-inflammatory action of CS
  - Nobel price 1950: Kendall, Hench & Reichstein
- **Cornerstone for almost all vasculitides**
  - GCA, Takayasu
  - PAN
  - ANCA-associated vasculitis

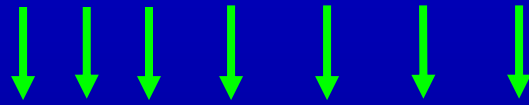
(not Kawasaki?)

limited use for virus-related vasculitides)

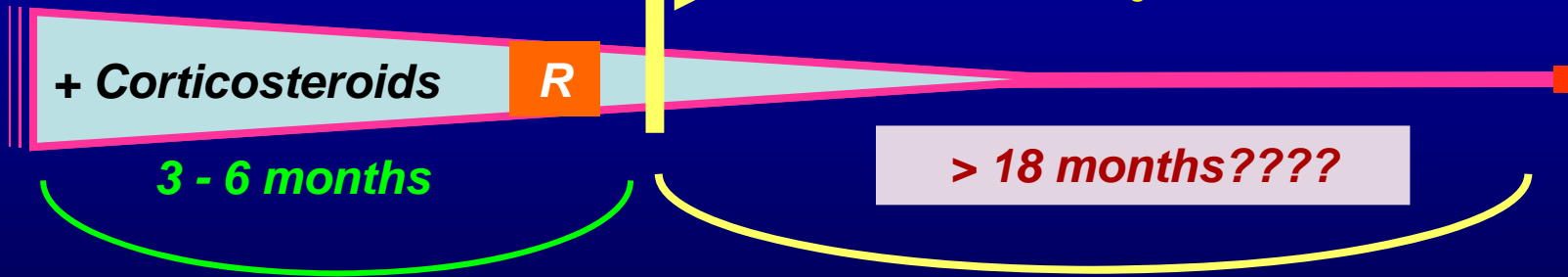
# Treatment of severe GPA/MPA

## CYCLOPHOSPHAMIDE

15 mg/kg (d1,14,28 then q3wk)



2 mg/kg/d



+ Corticosteroids

R

3 - 6 months

> 18 months????

**INDUCTION**

**MAINTENANCE**

→ **AZATHIOPRINE** 2 mg/kg/d

→ **METHOTREXATE** 0.3 mg/kg/wk

→ **LEFLUNOMIDE** 20 mg/d

→ **MYCOPHENOLATE MOFETIL** 2 g/d

+ adjuvant/prophylactic measures: cotrimoxazole, osteoporosis treatment, etc

## VASCULITIS ACTIVITY SCORE 2003

Tick box **only** if abnormality represents active disease (use the Vasculitis Damage Index, VDI to score items of damage). If there are no abnormalities in a system, please tick the "None" box

If **all** the abnormalities recorded represent smouldering/low grade/grumbling disease, and there are no new/worse features, please remember to tick the box at the bottom right corner

	None	Active disease		None	Active disease
<b>1. General</b>	<input type="checkbox"/>		<b>6. Cardiovascular</b>	<input type="checkbox"/>	
Myalgia		<input type="radio"/>	Loss of pulses		<input type="radio"/>
Arthralgia or arthritis		<input type="radio"/>	Valvular heart disease		<input type="radio"/>
Fever $\geq 38.0$ °C		<input type="radio"/>	Pericarditis		<input type="radio"/>
Weight loss $\geq 2$ kg		<input type="radio"/>	Ischaemic cardiac pain		<input type="radio"/>
<b>2. Cutaneous</b>	<input type="checkbox"/>		Cardiomyopathy		<input type="radio"/>
Infarct		<input type="radio"/>	Congestive cardiac failure		<input type="radio"/>
Purpura		<input type="radio"/>	<b>7. Abdominal</b>	<input type="checkbox"/>	
Ulcer		<input type="radio"/>	Peritonitis		<input type="radio"/>
Gangrene		<input type="radio"/>	Bloody diarrhoea		<input type="radio"/>
Other skin vasculitis		<input type="radio"/>	Ischaemic abdominal pain		<input type="radio"/>
<b>3. Mucous membranes/eyes</b>	<input type="checkbox"/>		<b>8. Renal</b>	<input type="checkbox"/>	
Mouth ulcers/granulomata		<input type="radio"/>	Hypertension		<input type="radio"/>
Genital ulcers		<input type="radio"/>	Proteinuria $> 1+$		<input type="radio"/>
Adnexal inflammation		<input type="radio"/>	Haematuria $\geq 10$ rbc/hpf		<input type="radio"/>
Significant proptosis		<input type="radio"/>	Creatinine 125-249 $\mu\text{mol/l}$		<input type="radio"/>
Red eye (Epi)scleritis		<input type="radio"/>	Creatinine 250-499 $\mu\text{mol/l}$		<input type="radio"/>
Red eye conjunctivitis/ blepharitis/keratitis		<input type="radio"/>	Creatinine $\geq 500$ $\mu\text{mol/l}$		<input type="radio"/>
Blurred vision		<input type="radio"/>	Rise in creatinine $> 30\%$ or creatinine clearance fall $> 25\%$		<input type="radio"/>
Sudden visual loss		<input type="radio"/>	<b>9. Nervous system</b>	<input type="checkbox"/>	
Uveitis		<input type="radio"/>	Headache		<input type="radio"/>
Retinal vasculitis/retinal vessel thrombosis/retinal exudates/ retinal haemorrhages		<input type="radio"/>	Meningitis		<input type="radio"/>
<b>4. ENT</b>	<input type="checkbox"/>		Organic confusion		<input type="radio"/>
Bloody nasal discharge/nasal crusts/ulcers and/or granulomata		<input type="radio"/>	Seizures (not hypertensive)		<input type="radio"/>
Paranasal sinus involvement		<input type="radio"/>	Stroke		<input type="radio"/>
Subglottic stenosis		<input type="radio"/>	Cord lesion		<input type="radio"/>
Conductive hearing loss		<input type="radio"/>	Cranial nerve palsy		<input type="radio"/>
Sensorineural hearing loss		<input type="radio"/>	Sensory peripheral neuropathy		<input type="radio"/>
<b>5. Chest</b>	<input type="checkbox"/>		Motor mononeuritis multiplex		<input type="radio"/>
Wheeze		<input type="radio"/>	<b>10. Other</b>	<input type="checkbox"/>	
Nodules or cavities		<input type="radio"/>			<input type="radio"/>
Pleural effusion/pleurisy		<input type="radio"/>			<input type="radio"/>
Infiltrate		<input type="radio"/>			<input type="radio"/>
Endobronchial involvement		<input type="radio"/>			<input type="radio"/>
Massive haemoptysis/alveolar haemorrhage		<input type="radio"/>			<input type="radio"/>
Respiratory failure		<input type="radio"/>			<input type="radio"/>
			<b>Persistent disease only:</b>	<input type="checkbox"/>	
			Tick here if <b>all</b> the above abnormalities are due to low grade grumbling disease and not due to new/worse disease		<input type="checkbox"/>

# BVAS 2003

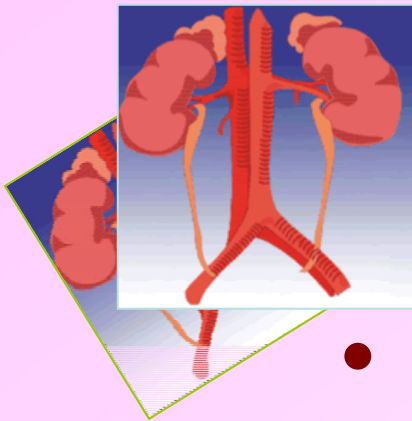
Score 0  $\rightarrow$  63  
In practice 0  $\rightarrow$  30

- 4 items

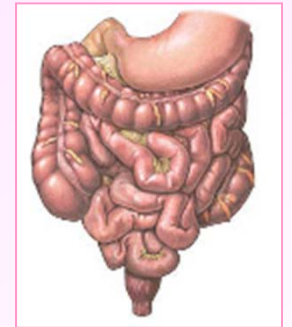
+ 4 items

+ merging of some items

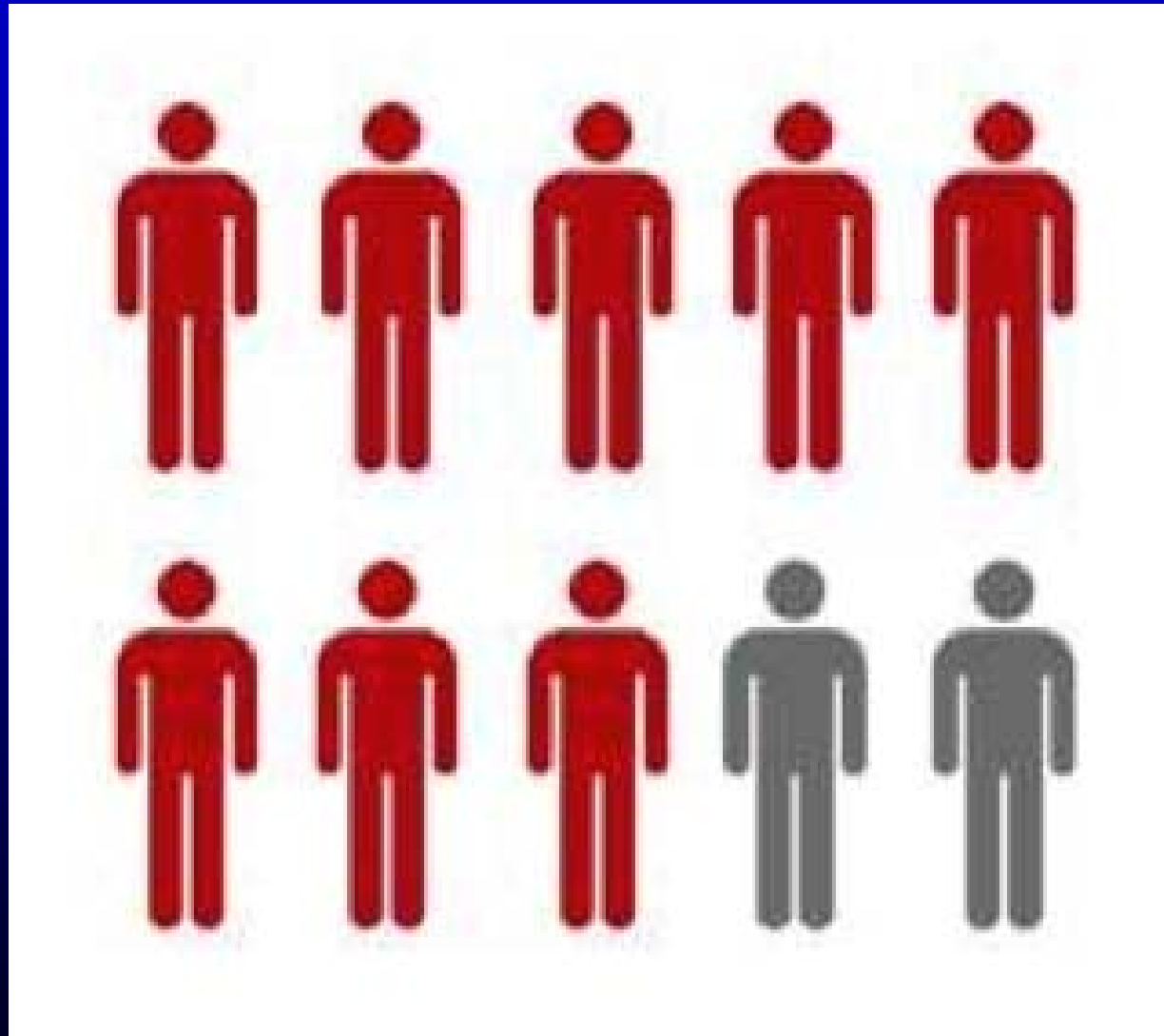
# The Five Factor Score

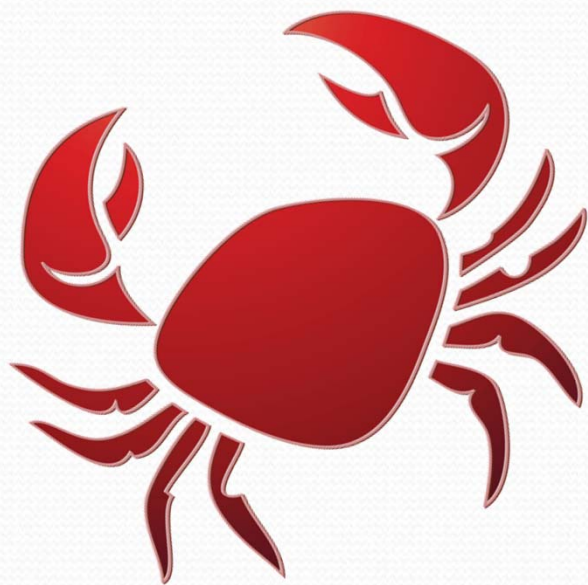


- **Proteinuria** >1 g/day
- **Creatinine** level >140  $\mu\text{mol/l}$
- **Specific GI** involvement
- **Specific cardiomyopathy**
- **Specific CNS** involvement



# Remission 80-90% percent







# Frequent relapses...



	Patients		Follow-up from Dg	Relapse rate	p
CYCAZAREM NEJM, 2003	WG, MPA	144	18 mo	AZA 15,5% vs. CYC 13,7%	NS
WGET NEJM, 2005	WG	180	27 mo	MTX 32,8% vs MTX/ETN 30,6%	NS
Langford Am J Med, 2003	WG	42	35 mo	52%	
WEGENT Pagnoux, NEJM, 2009	WG, MPA	126	37,3 mo	AZA 36,5% vs MTX 33,3%	NS
Sanders NEJM, 2003	WG, MPA	136	→ 5 yrs	AZA 42.3% vs. CYC 57.4%	NS

**At 7 years, relapse rate 63.9% → 51.2% (445 patients)**

*Holle et al. Arthritis Rheum 2011 Jan;63(1):257-66*

# PEXIVAS

## a RCT of plasma exchange and glucocorticoid dosing in ANCA associated vasculitis

3 Co-PIs: **Mike Walsh (Canada)**, David Jayne (UK) and Peter Merkel (USA)



# RAVE

( $<350 \mu\text{M}$ )  
(no severe AH)  
ANCA+

1 à 3 MP pulse(s)

CS + oral **CYC** \* 3 to 6 mo  
+ placebo RTX

**Rituximab**\*\* + CS  
+ placebo CYC

AZA → M18

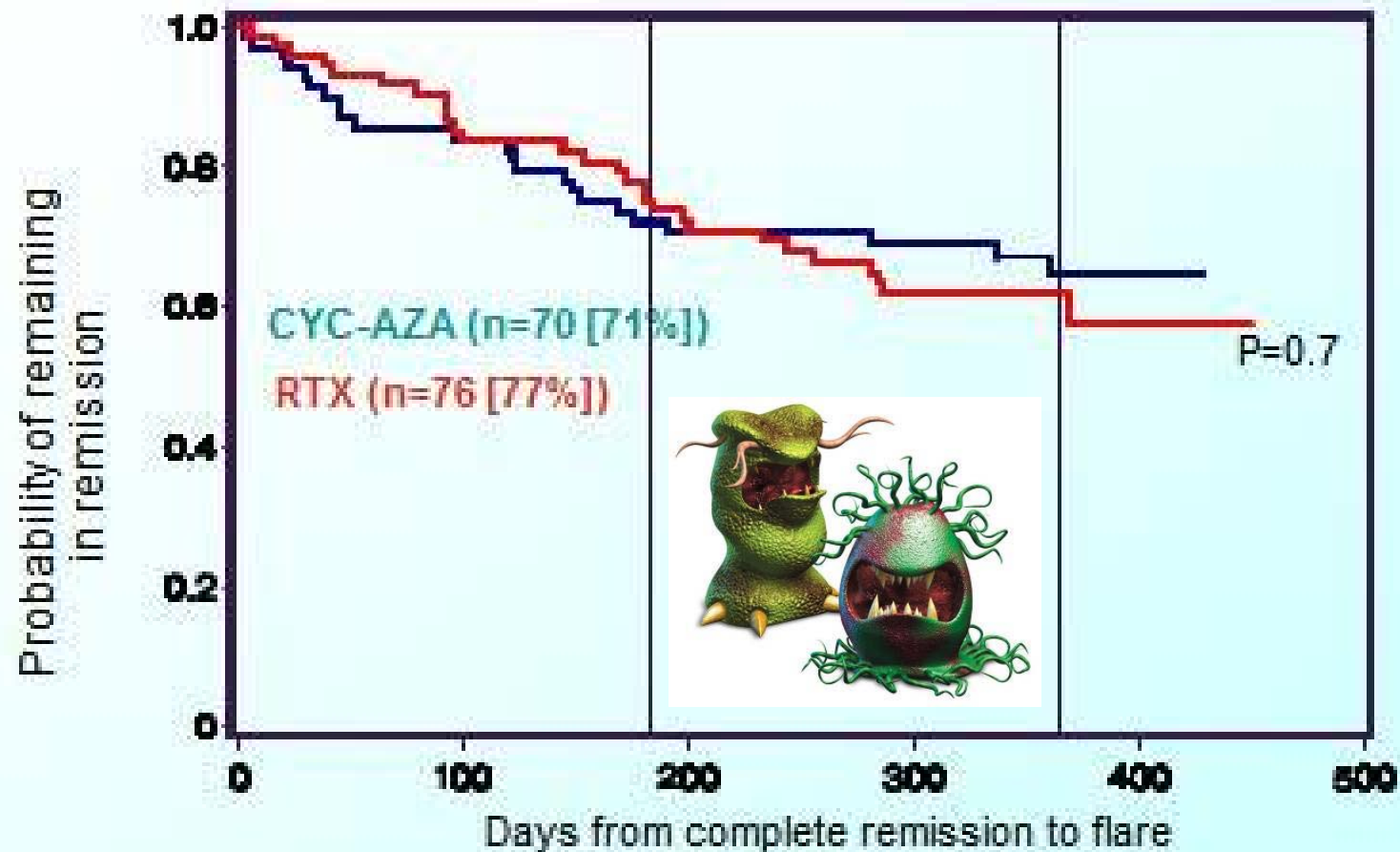
Placebo AZA

\* oral CYC 2 mg/kg/d

\*\* RTX 375 mg/m<sup>2</sup> x 4

# Duration of Complete Remission by Treatment Group

(n = 146 of 197; 74%)



No statistically significant difference in limited or severe flares by 18 months

Stone JH et al. EULAR, London, UK- May 2011 - Courtesy of Dr. Paul Brunetta

## REIMBURSEMENT CRITERIA

For the induction of remission of severely active Granulomatosis with Polyangiitis (GPA) OR microscopic polyangiitis (MPA) as combination treatment with glucocorticoids, in patients who meet all of the following criteria:

1. The patient must have severe active disease that is life- or organ-threatening. At least one supporting laboratory and/or imaging report must be provided. The organ(s) and how the organ(s) is(are) threatened must be specified.
2. There is a positive serum assays for either proteinase 3-ANCA (anti-neutrophil cytoplasmic autoantibodies) or myeloperoxidase-ANCA. A copy of the laboratory report must be provided.
3. Cyclophosphamide cannot be used for the patient for at least ONE of the following reasons:
  - a) The patient has failed a minimum of six IV pulses of cyclophosphamide; OR
  - b) The patient has failed three months of oral cyclophosphamide therapy; OR
  - c) The patient has a severe intolerance or an allergy to cyclophosphamide; OR
  - d) Cyclophosphamide is contraindicated; OR
  - e) The patient has received a cumulative lifetime dose of at least 25 g of cyclophosphamide; OR
  - f) The patient wishes to preserve ovarian/testicular function for fertility.

The initial treatment would be a once weekly infusion dosed at  $375 \text{ mg/m}^2 \times 4 \text{ weeks}$ .

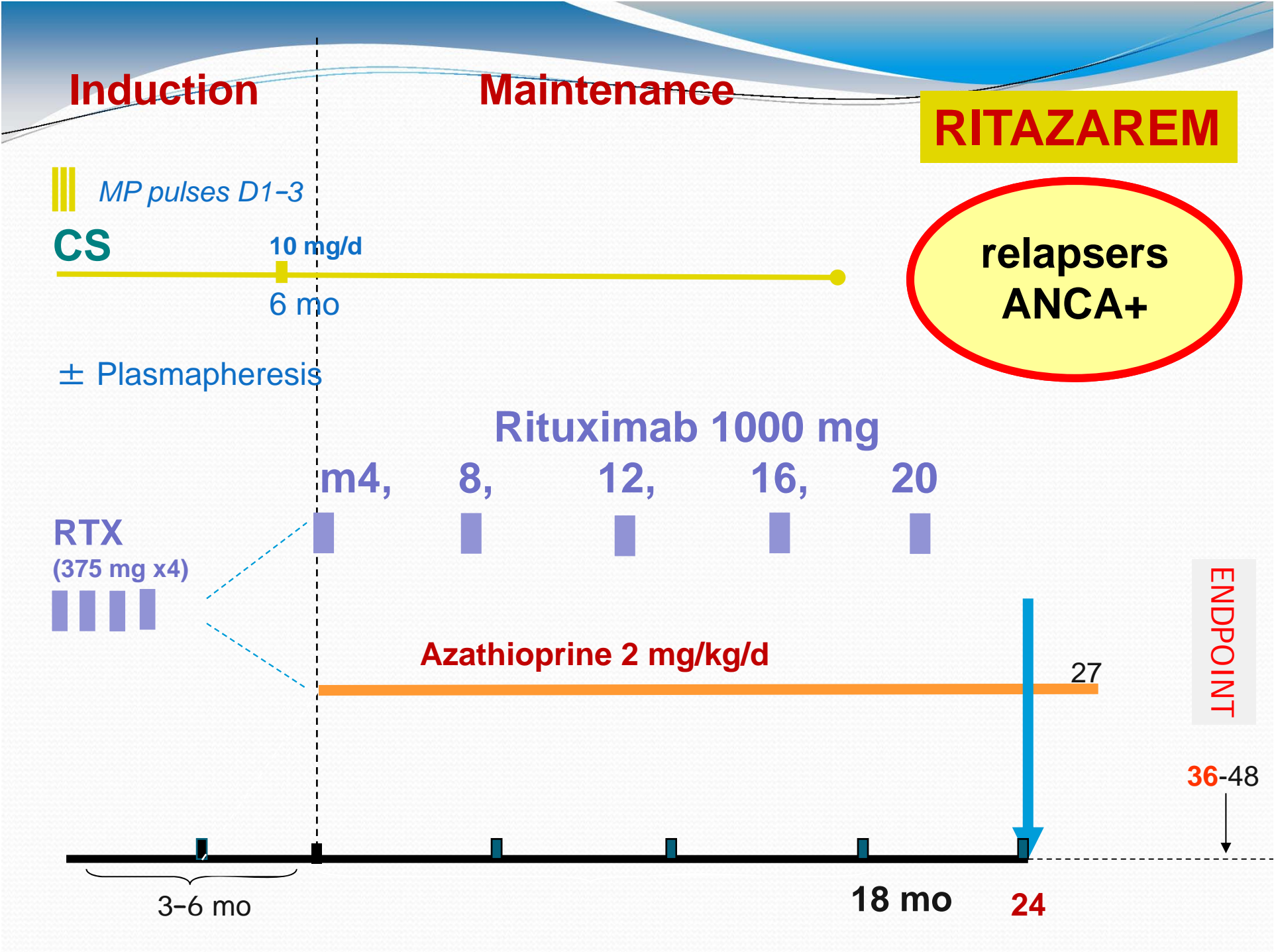
The physician must confirm that the treatment would not be a maintenance infusion as maintenance infusions will not be funded.

**Renewals** will be considered provided that, the patient meets the same criteria for initial approval and the request for retreatment is made no less than 6 months after the last does of the patient's last treatment cycle with Rituxan.

# Welcome Ritazarem!



+ induction for 1<sup>st</sup> relapsers  
+ maintenance (for relapsers)



# Potential new strategies or agents

- Rituximab for maintenance in GPA/MPA
- Tocilizumab – GCA, Takayasu (GPA?)
- Mepolizumab – Churg-Strauss syndrome
- Belimumab – ANCA-vasculitis
- AntiC5-Receptor – ANCA-vasculitis
  
- AntiIL17, IL23...
- Syk inhibitors...
- Toll-like receptor modulators...



# 2<sup>nd</sup> annual CanVasc meeting

Montréal or Toronto  
**November 22<sup>nd</sup>, 2012**

*Registration and information on*  
<http://www.canvasc.ca>